



SENIOR CONNECTIONS RESOURCE GUIDE

FOR OLDER ADULTS, CAREGIVERS, AND THEIR FAMILIES IN PINAL AND GILA COUNTIES



Central Arizona Aging (CAA)

8969 W. McCartney Rd.

Casa Grande, AZ 85194

520-836-2758 or 1-800-293-9393

www.caaging.com

Funding support for this guide provided by:

Central Arizona Aging, Region V

DES, Division of Aging and Adult Services

Older Americans Act

AARP

Updated March 2024



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Right now, seniors in your community need your help! Seniors in your community are going hungry, need help with cleaning their homes, bathing themselves, selecting the right insurance plan, and assisting their loved ones who have dementia. With your help, Central Arizona Aging (formerly Pinal-Gila Council for Senior Citizens) can provide that help, and you will know that you have provided comfort and nourishment to help frail and isolated seniors stay at home and live in dignity.

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Your donation helps seniors by providing the services needed to bring comfort, safety, and hope. Can you give to help a senior in your community today?

To make a donation online, please go to www.caaging.org

To mail your donation, please make your check payable to Central Arizona Aging and send to:

Central Arizona Aging
8969 W. McCartney Road
Casa Grande AZ 85194

For more information or to talk with us about your donation, please call **520-836-2758**, or visit our website at www.caaging.org



Central Arizona Aging (CAA) is committed to providing services, information, and advocacy for adults 60 years of age and older, disabled individuals, caregivers, and their families. Our agency is dedicated to our vision and mission to meet the ever-changing dynamic needs of the older adults we serve.

How to Use This Guide

The Senior Connections Resource Guide serves as a foundational directory in your quest to connect with community resources. In addition to a listing of local resources, the Appendix contains a listing of national organizations, must-have documents for older adults and caregivers and an area to list emergency numbers. Services and providers are listed in alphabetical order.

Although every effort has been made to include the most current information in the printed copy, we know that things change quickly. We will be updating our online version regularly, and it can be viewed or downloaded at www.caaging.org or you may call Central Arizona Aging Information and Referral line at **520-836-2758** or **800-293-9393**

The Central Arizona Aging Senior Connections Resource Guide is maintained to enhance public access to information about resources available to Pinal & Gila County residents. While every effort is made to ensure the accuracy of the information, we make no guarantees. The inclusion of an organization or service does not imply an endorsement of the organization or service, nor does exclusion imply disapproval. Under no circumstances shall Central Arizona Aging (CAA) be held liable for any direct, indirect, incidental, special, punitive, or consequential damages which may result in any way from your use of the information included in the Senior Connections Resource Guide.

Printed By



Casa Grande Valley Newspapers Inc.
200 W. 2nd St., Casa Grande, AZ 85122

Phone: (520) 836-7461
www.pinalcentral.com

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The information contained in this guide is provided only as an aid in your search for needed support services, without any representation or warranty whatsoever regarding the accuracy or completeness of the information, and may or may not reflect the most current information available. Please note that users of this guide are responsible for independently verifying any and all information. Furthermore, the inclusion of links does not imply endorsement or support of any of the linked information, services, products, or providers.

Although every effort has been made to include the most current information in the printed copy, we know that things change quickly. We will be updating our online version regularly, and it can be viewed or downloaded at www.caaging.com/about-us/senior-resource-guide.html, or you may call the PCCSC Information and Referral line at **520-836-2758** or **800-293-9393** and speak with our Information and Referral specialist.

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Become a Volunteer Reading Tutor with:



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time today.

Make a huge
difference in a
child's tomorrow.

No prior experience
required: AARP training
provided to become a
skilled tutor!

Looking for volunteer reading tutors for students in need at local elementary schools including:

- Apache Junction
- Arizona City
- Casa Grande
- Coolidge
- Eloy
- Stanfield
- San Tan Valley
- Maricopa



In-person and Virtual Tutors Needed!

Apply Online:



or Contact us any day of the week:

KAITLIN BURKS

 520-634-8938

email: kaitlin@achievepinal.org

OVERVIEW OF AREA AGENCIES ON AGING



Central Arizona Aging (CAA)

Area Agency on Aging, Region V

8969 W. McCartney Rd., Casa Grande, AZ 85194

1-800-293-9393 or 520-836-2758

www.caaging.com

Incorporated in 1974, Central Arizona Aging (CAA) is a non-profit organization designated as the Area Agency on Aging for Region V, which encompasses Pinal and Gila counties. CAA's mission is to assist seniors and persons with disabilities in Region V achieve and maintain self-sufficiency with dignity, and offer choices of appropriate care by providing a wide range of community and home based services. CAA also represents the interests of the elderly and acts to advocate for change in public and private attitudes, policies, and regulations.

CAA provides a wide variety of services for seniors, persons with disabilities, and caregivers. These services are offered directly or through a network of provider agencies. CAA services include, but are not limited to, the following:

- Information, Referral and Assistance
- Aging, Disability and Caregiver Support Resources

- Benefits, Entitlements and Advocacy – State Health Insurance Assistance Program (SHIP), Ombudsman Program (Nursing Home Advocacy), and Senior Medicare Patrol (Medicare/Medicaid fraud and abuse)
- Independent Living Services – Caregiver Support Services and Health Promotion
- Home Care – Attendant and Respite Care
- Case Management
- Minor Home Repair
- Meals On Wheels – Home Delivered Meals
- Legal Services and Legal Help Line
- Multipurpose Senior Centers – Social, Nutritional, Wellness Support and Transportation
- Santa Cruz Village Apartments – a HUD 202/Section 8 low income independent living apartment complex (for seniors & persons with disabilities)
- Aging Care Essentials (Care Options Planning)
- Mobility Management – Transportation Coordination and Senior Rides Transit Program Training
- Volunteer Services and Opportunities for Placement



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APPLY TODAY!

Visit [GRHC.ORG/CAREERS](https://grhc.org/careers) or scan the QR code for more!

Scan me! 





Area Agencies on Aging

Central Arizona Aging (CAA) is one of eight Area Agencies on Aging throughout the State of Arizona. These are organizations which administer, coordinate and offer a variety of services for adults aged 60 and over, adults with disabilities, and those who care for older adults. Area Agencies provide some services directly, and others are provided by their contracted agencies. The focus of services offered is to help older adults continue to live independently in their own homes.

Services and programs vary by agency but most Area Agencies provide:

- **Information and Referral Help**

- Special telephone help lines for seniors
- Health insurance counseling
- Caregiver support
- Case management

- **Community Based Services**

- Meals served at nutrition sites and senior centers
- Volunteer placement
- Older worker employment training and assistance
- Recreation and socialization at senior centers
- Grandparents raising grandchildren support
- Transportation assistance

- **In-Home Services**

- Home delivered meals
- Telephone reassurance
- Respite care
- Attendant care services

- **Housing Services**

- Referrals to senior housing
- Help with minor home repairs

- **Protecting Older Adult Rights and Advocacy**

- Legal assistance
- Elder abuse prevention
- Ombudsman assistance for long-term care patients
- Advocacy for Seniors on aging issues and policies



Arizona Area Agencies on Aging

Area Agency on Aging, Region I

1366 E. Thomas Rd., Ste. 108
 Phoenix, AZ 85014
 602-264-2255 (Business)
 1-888-264-2258 (Help Line)
 602-264-4357 (Help Line)
www.aaaphx.org
 (Serves Maricopa County)

Area Agency on Aging, Region II

Pima Council on Aging
 8467 E. Broadway Blvd.
 Tucson, AZ 85710
 520-790-7262 (Help Line)
www.pcoa.org
 (Serves Pima County)

Area Agency on Aging, Region III

Northern Arizona Council of Governments
 323 N. San Francisco St., Ste. 200
 Flagstaff, AZ 86001
 1-877-521-3500
<https://nacog.org>
 (Serves Apache, Coconino, Navajo
 and Yavapai counties)

Area Agency on Aging, Region IV

Western Arizona Council of Governments
 1235 S. Redondo Center Dr.
 Yuma, AZ 85365
 928-782-1886
www.wacog.com
 (Serves Yuma, La Paz, and Mohave counties)

Area Agency on Aging, Region V

Central Arizona Aging (CAA)
 8969 W. McCartney Rd.
 Casa Grande, AZ 85194
 520-836-2758 or 1-800-293-9393
www.caaging.com
 (Serves Pinal and Gila counties)

Area Agency on Aging, Region VI

South Eastern Arizona
 Governments Organization
 1403 W. Hwy 92
 Bisbee, AZ 85603
 520-432-2528
www.seago.org
 (Serves Cochise, Graham, Greenlee,
 and Santa Cruz counties)

Area Agency on Aging, Region VII

Division of Aging and Long Term Care Support
 P.O. Box 1390
 Window Rock, AZ 86515
 928-871-6869
daltcs.navajo-nsn.gov
 (Serves elders living on the Navajo Nation)

Area Agency on Aging, Region VIII

Inter Tribal Council of Arizona
 2214 N. Central Ave., Ste. 100
 Phoenix, AZ 85004
 602-258-4822
<https://itcaonline.com>
 (Senior services for 21 member tribes in Arizona)

Arizona Association of Area Agencies on Aging - AZ Aging

AZ Aging is a statewide network of seven
 regional agencies that address the needs of
 seniors and individuals with disabilities, as well as
 their families and caregivers.
 928-298-2574
<https://arizonaaging.org>

US Aging

US Aging is a membership association
 representing America's national network of more
 than 600 Area Agencies on Aging (AAAs).
 202-872-0888
www.usaging.org

Eldercare Locator

To locate Area Agency on Aging Programs in
 other states
 1-800-677-1116
<https://eldercare.acl.gov/Public/Index.aspx>



Some of the major initiatives of the Division of Aging and Adult Services are:

- Operating a Central Intake line for Adult Protective Services
- Development of a system of Direct Care Workforce Initiatives to prepare for the state's need for more trained direct care workers
- Working closely with the Governor's Advisory Council on Aging
- Administering various programs for aging, including the state Long-Term Care Ombudsman Program, the Family Caregiver Support Program, the Mature Worker Program, the Foster Grandparent Program, Adult Protective Services, the Medicare Patrol Project, and the State Health Insurance Assistance Program.

Division of Aging and Adult Services.....602-542-4446

State Health Insurance Assistance Program (SHIP)....1-800-432-4040

Adult Abuse Hotline.....1-877-767-2385

Mailing Address:

Department of Economic Security
 Division of Aging and Adult Services
 1789 W. Jefferson St. (Site Code 950A)
 Phoenix, AZ 85007

Administration for Community Living (ACL)

Administration on Aging (AOA) and Disability Networks
www.acl.gov

**Arizona Dept. of Economic Security,
 Division of Aging and Adult Services**

The Division of Aging and Adult Services (DAAS), within the Arizona Department of Economic Security, is Arizona's designated State Unit on Aging. The Older Americans Act provides the unit with its authority. The unit works closely with all of the eight designated Area Agencies on Aging in the state, advocates for at-risk and older persons, and develops and implements a comprehensive service delivery system statewide.

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(928) 250-6658



PINAL HISPANIC COUNCIL
Established 1990

**PINAL COUNTY
AGENCY PROGRAMS**
SÍ SE PUEDE

pinalhispaniccouncil.org

MEET KELLY MULLINS, FNP

I graduated from Cumberland University in Lebanon, TN, in 2012, with a Bachelor of Science in Nursing, and worked at Saint Thomas Rutherford Hospital as a Registered Nurse on the Medical Surgical floor. I went on to attend Tennessee State University in Nashville, TN, where I graduated with a Master of Science in Nursing in 2014. I moved to Arizona in 2015, and began working as a Family Nurse Practitioner providing care to patients of all ages in an integrated setting.



2023
PINAL
HISPANIC COUNCIL
NEW INTEGRATED
HEALTHCARE FACILITY

107 E. 4TH ST.
ELOY, AZ
520.466.7765

Behavioral Health and
Medical Care
Services

2023
PINAL
HISPANIC COUNCIL
NEW INTEGRATED
HEALTHCARE FACILITY

1667 N. TREKELL RD.
CASA GRANDE, AZ
520.876.5833

Behavioral Health and
Medical Care
Services

Medical Integrated Services

- Chronic Disease Management: Diabetes, Hypertension, Hypercholesterolemia & Thyroid Disease
- Acute Illness Management: Influenza, Covid & Strep
- Pinal County Community Health Worker Grant
- Well Women Exams
- STI Screenings
- Sports Physicals
- Physical Exams • ECGS
- Manage Different Types of Injuries
- SAMHSA Community Mental Health Center Grant

Dedicated to empowering diverse communities to become healthy

PINAL COUNTY LOCATIONS

ELOY:
107 E. 4th St.
520-466-7765

COOLIDGE:
556 S. Arizona Blvd.
520-723-7405

CASA GRANDE:
1667 N. Trekell Rd.
520-876-5833

INFORMATION AND REFERRAL RESOURCES



There are many agencies and programs not listed in this guide that may be able to help you. If you have not found the services you need in this guide, you may contact the more comprehensive community information and referral resources listed below.

Pinal and Gila Counties

Central Arizona Aging (CAA)

8969 W. McCartney Rd.

Casa Grande, AZ 85194-7432

520-836-2758

Toll free: 800-293-9393

www.caaging.com

Statewide

2-1-1 Arizona

(Community Information and Referral Services)

2-1-1 within Arizona

Toll-free: 877-211-8661 from anywhere

www.211Arizona.org

Arizona Self Help

(Online program eligibility screening)

www.ArizonaSelfHelp.org

AzLinks.gov

(Offers assistance and information on aging and disability)

www.AzLinks.gov

Arizona Community Action Association

(Wildfire)

2010 People's Information Guide

602-604-0640

<https://wildfireaz.org/find-help/peoples-information-guide>

Pinal County

3-1-1 Pinal County's Citizen Contact Center

Access local government services and information within Pinal County

Call 311 or 888-431-1311

First Things First

Family Resource Guide

www.firstthingsfirst.org

CG HELPS Resource Center

(Resources for the Homeless)

350 E. 6th St.

Casa Grande, AZ 85122

520-483-0010

<https://cghelps.com>

National Information and Support

AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million. It works to strengthen communities and promote the issues that matter most to families such as healthcare security, financial security and personal fulfillment. AARP also advocates for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name. Examples of programs that can be accessed through AARP are: free income tax preparation, driver safety courses, money management programs, family caregiving resources, and local business discounts and offers.

AARP in Arizona

Toll-free: 888-687-2277

Email: aarpaz@aarp.org

www.aarp.org

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BEST NON-PROFIT ORGANIZATION & BEST THRIFT STORE IN 2021, 2022, 2023 & 2024!



605 W. Wilson Court
 Tuesday-Saturday 10 AM to 3 PM for adoptions/licensing
 7 days a week from 8 AM - 4 PM for stray intake/reclaim and donations



510 W. Main St.
 Monday - Saturday 9AM - 4:30PM

Donation hours are Monday - Friday, 9am to 3pm

Donations can be made by credit card on our website or checks can be mailed to HSCAZ, P.O. Box 242, Payson, AZ 85547
 Website: www.humanesocietycentralaz.org
 Federal Tax ID 23-7206092



ADOPTIONS, VOLUNTEERS & DONATIONS = NEEDED =



We rely 100% on your donations to take care of lost, abandoned, sick and injured animals of Northern Gila County!

FOLLOW US ON Facebook: Humane Society of Central Arizona, Humane Society of Central Arizona Resale Store



You'll never walk alone because I'll always be with you.
 Love,
 Your Dog

FOSTERS NEEDED

FOSTER HOMES ARE A VITAL PART OF OUR ADOPTION PROGRAM. WE WANT EVERY ANIMAL BROUGHT TO US TO HAVE A CHANCE FOR A LONG AND HAPPY LIFE. BECAUSE OF OUR LIMITED SPACE AND RESOURCES WE ARE NOT ALWAYS ABLE TO CARE FOR ALL THOSE HOMELESS ANIMALS THAT NEED US. THAT'S WHERE YOU COME IN. BY FOSTERING YOU HELP US EXPAND OUR CAPACITY TO CARE FOR HOMELESS ANIMALS BEYOND THE WALLS OF OUR FACILITY. AS FOSTER CARE VOLUNTEER, YOU OFFER YOUR TIME, ENERGY AND HOME TO ANIMALS IN NEED AND HSCAZ PROVIDES THE TRAINING, SUPPLIES AND MEDICAL CARE YOU NEED TO SUCCESSFULLY CARE FOR FOSTER PETS. FOSTERING TRULY DOES SAVE LIVES!

Foster Responsibilities

- ✓ Provide a safe, clean & caring environment
- ✓ Provide supplied food, water & other needs
- ✓ Monitor for physical & mental well-being
- ✓ Transport to/from appointments or adoption events

Animals In Need of Foster

- Orphan Kittens
- Animals recovering from illness/injury
- Socialization/Stress Recovery
- Senior animals that would do better in a home environment

FOSTERING SAVES LIVES



☎ 928-474-5590
 🌐 www.humanesocietycentralaz.org
 📍 605 W. Wilson Crt. Payson AZ, 85541

Volunteers Needed at the Resale Store and the shelter!

Be a part of our "Pawsitive" cause, volunteer today!

Meet new friends while giving back to the community - It's fun and it's good for you and the animals!

Come down to either location or call for more information.

(928) 474-5590

Come by 605 W Wilson Ct



COMMUNITY RESOURCES



Abuse of the Elderly

Elder abuse, neglect, and exploitation are problems among older adults.

If you are concerned that you or someone you know is a victim of abuse or is being taken advantage of, call the number below or report online.

Adult Protective Services Adult Abuse Hotline

Report abuse by phone: 1-877-767-2385

(Mon-Fri 7 a.m. to 7 p.m.; Sat, Sun, & state holidays 10 a.m. to 6 p.m.)

Report abuse online: des.az.gov/services/basic-needs/adult-protective-services (24/7)

In the event of an emergency related to elder abuse, call 911 or your local law enforcement agency.

Abuse of Children

A report of suspected child abuse, neglect, exploitation or abandonment is a responsible attempt to protect a child. Arizona law requires certain persons who suspect that a child has received non-accidental injury or has been neglected to report their concerns to DCS or local law enforcement.

Arizona Department of Child Safety

Arizona Child Abuse Hotline

888-SOS-CHILD (888-767-2445)

Prevent Child Abuse Arizona

P.O. Box 26495

Prescott Valley, AZ 86312

928-445-5038

www.pcaaz.org

Adaptive Aids

Adaptive aids are sometimes called "durable medical equipment." These items are designed to help elderly and physically disabled persons with the tasks of daily living. They are often expensive and rarely available for loan. Some medical insurance plans cover the purchase or rental of adaptive aids and equipment. Check with your local insurance provider for details.

■ STATEWIDE

Active Forever

1-800-377-8033

www.activeforever.com

Arizona Technology Access Program (AZTAP)

Northern Arizona University

300 W. Clarendon Ave., Ste. 475

Phoenix, AZ 85013

602-728-9534 or 1-800-477-9921

<http://aztap.org>

Arizona Statewide Independent Living Council

P.O. Box 4133

Tuba City, AZ 85034

5025 E. Washington St., Ste. 214

Phoenix, AZ 85034

602-262-2900

www.azsilc.org

Arizona Commission for the Deaf & the Hard of Hearing

Arizona Telecommunication

Equipment Distribution Program

100 N. 15th Ave., Ste. 104

Phoenix, AZ 85007

602-542-3323

www.acdhh.org

■ PINAL COUNTY

Valley Respiratory Services Alliance Homecare

1275 E. Florence Blvd., Ste. 4

Casa Grande, AZ 85122

520-836-9300

<https://valleyrespiratory.com>

Advisory and Advocacy Groups

Advisory groups explore public issues and make recommendations to lawmakers and regulators that they think are in the best interests of the community. Many groups focus on older adults and persons with disabilities.

AARP Arizona

7250 N. 16th St., Ste. 302
Phoenix, AZ 85020
602-256-2277
www.aarp.org

Alzheimer's Association

Desert Southwest Chapter
340 E. Palm Ln., Ste. 230
Phoenix, AZ 85004
602-528-0545
or 24-hour helpline: 1-800-272-3900
www.alz.org/dsw

Central Arizona Aging (CAA)

8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758 or 1-800-293-9393
www.caaging.com

Governor's Advisory Council on Aging

1700 W. Washington St., Ste. 230
Phoenix, AZ 85007
602-542-4710
https://goyff.az.gov/GACA

AHCCCS (AZ Health Care Cost Containment System) & ALTCS (AZ Long Term Care System)

The Arizona Health Care Cost Containment System (AHCCCS) is Arizona's Medicaid agency that offers health care programs to serve Arizona residents. Individuals must meet certain income and other requirements to obtain services. The Arizona Long Term Care System (ALTCS) is part of AHCCCS, and provides care and services for eligible individuals who are elderly and/or those with physical or developmental disabilities. ALTCS provides institutional care and home and community based services to recipients who have been determined to be at risk of institutionalization.

ALTCS Call Center

1-888-621-6880
801 E. Jefferson St., MD 3900
Phoenix, AZ 85034
www.azahcccs.gov

Altcs Office - Tucson

7207 E. Rosewood St., Ste. 125
Tucson, AZ 85710
800-621-6880

Alcohol and Substance Abuse

Alcohol and substance abuse are problems that many seniors and physically disabled adults are challenged with. Sometimes older adults abuse substances to deal with change or loneliness.

Sometimes older adults mix alcohol with their prescription medications, causing even bigger problems which cannot be resolved without help from outside the family. (Also see alcohol and narcotics support groups.)

Narcotics Anonymous

To determine times and locations of local Narcotics Anonymous meetings.
Help line: 520-426-0121
https://arizona-na.org

Drug Rehab USA

(Includes deaf and hard of hearing drug rehab facilities)
National substance use disorder treatment locator
https://drugrehabus.org

Inpatient-Rehab.org

For a list of alcohol and drug rehab centers in your area:

Pinal County: www.inpatient-rehab.org/drug-alcohol/arizona/pinal-county.html

Gila County: www.inpatient-rehab.org/drug-alcohol/arizona/gila-county.html

■ GILA COUNTY

Arizona Crisis Line

800-631-1314



Preplan Today
for the sake of your loved ones

Why Should I Plan Ahead?

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5734 E. Hope Ln., Ste. 1
Globe, AZ 85501
928-425-2415

Horizon Health and Wellness

415 W. Baseline Spur
Globe, AZ 85501
833-431-4449
www.hhwaz.org

Southwest Behavioral & Health Services

404 W. Aero Drive
Payson, AZ 85541
928-474-3303
Crisis Line: 800-631-1314
www.sbhservices.org

■ PINAL COUNTY**Arizona Complete Care**

Behavioral Health Crisis Line (available 24/7):
844-534-4673
www.azcompletehealth.com

Collier Counseling Center

1927 N. Trekkell Rd., Ste. D
Casa Grande, AZ 85122
520-876-9714

Community Bridges Inc.

675 E. Cottonwood Ln., Ste. 101
Casa Grande, AZ 85122
877-931-9142
https://communitybridgesaz.org

Helping Associates, Inc.

1901 N. Trekkell Rd., Ste. A
Casa Grande, AZ 81222
520-836-1029
https://helpingassociates.com

Horizon Health and Wellness Centers:

Centers located in Apache Junction, Casa Grande, Chandler, Florence, Globe, Oracle, Phoenix, Yuma and Queen Creek. Call or go to the Horizon Health and Wellness website for more information.
833-431-4449
www.hhwaz.org

Nazcare

(Rising Star Wellness Center)
879 N. Plaza Dr., #101-E
Apache Junction, AZ 85120
480-982-1514
www.nazcare.org

Pinal Hispanic Council

107 E. 4th St.
Eloy, AZ 85131
520-466-7765
www.pinalhispaniccouncil.org

The River Source

16286 S. Sunland Gin Rd. (not a mailing address)
Arizona City, AZ 85123
866-367-9281
480-442-2942
www.theriversource.org

Alzheimer's and Memory Disorders

Memory disorders clinics can assist people who seem to be having problems with their memory or their ability to think. Clinics provide assessment, diagnosis, and a treatment plan. Appropriate care options may be explored in addition to providing caregiver support resources. (Also see Alzheimer's/dementia support groups)

Banner Alzheimer's Institute

901 E. Willetta St.
Phoenix, AZ 85006
602-839-6900
www.banneralz.org

Barrow Neurological Institute

2910 N. Third Ave.
Phoenix, AZ 85013
844-218-6648
www.barrowneuro.org

Mayo Clinic Arizona

Appointment Number: 480-301-8484
www.mayoclinic.org

FOR PSYCHIATRIC EMERGENCIES, CALL**Arizona Complete Health**

Statewide Crisis Line: 844-534-4673
www.azcompletehealth.com

St. Luke's Behavioral Health Center/Phoenix

1800 E. Van Buren St.
Phoenix, AZ 85006
602-251-8535
www.stlukesbehavioralhealth.org

Arizona Legislative Contact Information**Arizona State Senate**

1700 W. Washington
Phoenix, AZ 85007-2890
602-926-3559 or 800-352-8404
www.azsenate.gov

Arizona House of Representatives

1700 W. Washington
Phoenix, AZ 85007-2890
602-926-4221 or 800-352-8404
www.azhouse.gov

Assisted Living and Skilled Nursing Facilities Licensed through the Arizona Department of Health Services

(Subject to change – check website for current listing: <https://azdhs.gov/licensing/index.php#databases>)

■ GILA COUNTY**Avista Senior Living Payson**

806 W. Longhorn Rd.
Payson, AZ 85541
928-474-6249

Banner Payson Medical Center

807 S. Ponderosa Dr.
Payson, AZ
928-471-3222

Cobre Valley Regional Medical Center

5880 S. Hospital Dr.
Globe, AZ
928-402-1122

Faubush Family Homes

7760 S. Six Shooter Canyon Rd.
300 E. Hunter Dr. & 2101 E. Ash St.
Globe, AZ 85501
928-961-4828

Frontier House

906 E. Frontier St.
Payson, AZ 85541
928-468-2461

LT Assisted Living LLC

111 W. Blake St.
Globe, AZ
602-859-7540

Ordinary Lifestyles IV

205 W. Bonita
Payson, AZ
928-595-2068

Haven of Globe

(Skilled Nursing Facility)
1100 Monroe St.
Globe, AZ 85501
928-425-5721

Ordinary Lifestyles

(4 Locations)
401 N. Laredo Ln.
Payson, AZ 85541
928-595-2068

Payson Care Center

(Skilled Nursing Facility)
107 E. Lone Pine Dr.
Payson, AZ 85541
928-474-6896

Heritage Health Care Center

(Skilled Nursing Facility)
1300 South St.
Globe, AZ 85501
928-425-3118

Ordinary Lifestyles II

718 N. Fox Hill
Payson, AZ
928-595-2068

Rim Country Health

& Retirement Community
(Skilled Nursing Facility)
807 W. Longhorn Rd.
Payson, AZ 85541
928-474-1120

Houston Creek Assisted Living

210 S. Houston Creek Cir.
Star Valley, AZ 85541
928-951-2467

Ordinary Lifestyles III

207 E. Zurich
Payson, AZ
928-595-2068

San Carlos Apache Healthcare Corporation

103 Medicine Way Rd.
Peridot, AZ
928-475-1200

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www.matureassetadvisorsllc.com

■ **PINAL COUNTY**

Acuna at Morning Sun

35597 N. Bandolier Dr.
San Tan Valley, AZ 85142
602-432-7878

Alder Leaf at Castlegate

3645 E. Whitehall Dr.
San Tan Valley, AZ 85140
480-591-2273

Ama Vida Care Home LLC

1962 W. Cool Water Way
San Tan Valley, AZ 85142
480-987-5487

Annes Assisted Living LLC

37882 W. San Clemente St.
Maricopa, AZ
480-748-0009

Apache Junction Health Center

(Skilled Nursing Facility)
2012 W. Southern Ave.
Apache Junction, AZ 85120
480-983-0700

Ark of Noah Care Home

4685 E. Alamo St.
Queen Creek, AZ
480-202-1674

Avista Senior Living Apache Junction

675 W. Broadway Ave.
Apache Junction, AZ 85120
480-288-1791

Banner Casa Grande Medical Center

1800 E. Florence Blvd.
Casa Grande, AZ
520-381-6300

Banner Goldfield Medical Center

2050 W. Southern Ave.
Apache Junction, AZ
480-733-3300

Banner Ironwood Medical Center

37000 N. Ganizel Rd.
Queen Creek, AZ
480-394-4030

Bes Assisted Living LLC

44549 W. Palo Ceniza Way
Maricopa, AZ
415-748-6930

Better Senior Carehome

1151 W. 20th Ave.
Apache Junction, AZ 85120
480-205-3595

Brookdale Apache Junction

(Assisted Living Center)
2080 S. Ironwood Dr.
Apache Junction, AZ 85120
480-983-5047

Caliche Senior Living

(Assisted Living Center)
1640 N. Peart Rd.
Casa Grande, AZ 85122
520-316-8041

Casa Companion Homecare LLC

37808 W. Santa Barbara Ave.
Maricopa, AZ
404-974-7010

Copper Sky Assisted Living

(Assisted Living Center)
1580 E. Valerie St.
Casa Grande, AZ 85122
520-858-0372

Dora Caring

208 E. Melrose Dr.
Casa Grande, AZ 85122
520-836-8020

Elsa Assisted Living LLC

37717 W. San Ildefonso Ave.
Maricopa, AZ
480-748-0009

Exceptional Health Care Maricopa,

LLCA Texas LLC
19060 N. John Wayne Pkwy.
Maricopa, AZ
910-988-9080

Florence Hospital

4545 N. Hunt Highway
Florence, AZ
480-358-6100

Furaha Care Homes LLC

44157 W. Copper Trail
Maricopa, AZ
602-487-8235

Garnet of Casa Grande

Assisted Living Community
(Assisted Living Center)
510 E. 8th St.
Casa Grande, AZ 85122
520-876-4200

GC Assisted Living

6480 S. Alameda Dr.
Gold Canyon, AZ 85118
480-983-0939

Gila River Health Care Corporation

483 W. Seed Farm Rd.
Sacaton, AZ
520-562-3321

Gila River Indian Care Center

510 S. Ocotillo Rd.
Sacaton, AZ
520-562-7400

Goldmine Mountain

Assisted Living
2785 W. Goldmine Mountain Dr.
San Tan Valley, AZ 85142
602-487-8998

Graceful Waters

5777 E. Flowing Spring
Florence, AZ 85132
480-252-9795

Care Assisted Living

43204 W. McCord Dr.
Maricopa, AZ 85138
520-582-0367

House of Butterfly Assisted Living LLC

1329 S. Royal Palm Rd.
Apache Junction, AZ 85120
480-524-4097

House of Hope

556 W. Mirage Loop
Casa Grande, AZ
520-421-1120

Jaidon Manor II

1177 E. Bonita Pl.
Casa Grande, AZ 85122
520-876-0640

Lita Caring Home

1337 N. Walnut Dr.
Casa Grande, AZ 85122
520-836-1480

Maxcare Assisted Living Home

45596 W. Windmill Dr.
Maricopa, AZ
602-512-1338

Oasis Pavilion Nursing & Rehabilitation Center

(Skilled Nursing Facility)
161 W. Rodeo Rd.
Casa Grande, AZ 85122
520-836-1772

Pendo 1 Care Homes LLC

43448 W. Wild Horse Trl.
Maricopa, AZ
480-254-0025

Penzi Care Home

43448 W. Wild Horse Trl.
Maricopa, AZ 85138
480-254-0025

Queen of Hearts Corporation

1073 E. Estate Rd.
San Tan Valley, AZ 85140
404-824-2475

Renata's Home for the Elderly 2

31392 N. Sunflower Way
San Tan Valley, AZ 85143
480-676-3513

Siara Assisted Living Home

9407 E. Alfalfa Dr.
Florence, AZ
520-759-7072

Sorrento Assisted Living

17652 N. Avelino Dr.
Maricopa, AZ
602-770-8020

Tiny Residence, LLC

1354 E. Racine Dr.
Casa Grande, AZ
520-350-0123

Traditions Health

615 W. Cottonwood Lane, Ste. 8
Casa Grande, AZ
520-729-1344

St. Raphael's Home Care

1538 E. Jahns Dr.
Casa Grande, AZ 85122
520-759-7670

View of The Mountains Assisted Living LLC

660 S. Warner Dr.
Apache Junction, AZ
480-278-6577



Pal Gal Friday, LLC

Belinda K Waldren - Elder Companion

520-660-7397

contact@palgalfriday.com

www.palgalfriday.com

Serving Casa Grande and surrounding areas

Services

- Tech Help
- Errands & Groceries
- Transportation
- Doctor Visits
- Companionship

Rates

- \$25/hour – minimum of one hour
- First 50 miles included
- \$5 for each 20 mile increment after 50 miles
- See website FAQs for more information



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**1269 N PROMENADE PKWY, UNIT 132
CASA GRANDE, AZ 85194**



520.788.2327



Visions Senior Living at Apache Junction

(Assisted Living Center)
1510 E. Broadway Ave., Bldg. 1 & 2
Apache Junction, AZ 85119
480-671-1490

Whispering Creek LLC

4407 W. Greenleaf Dr.
San Tan Valley, AZ
702-559-2810

Behavioral Health

■ GILA COUNTY

Regional Behavioral Health Authority for Gila County Health Choice Arizona

800-322-8670
Crisis Line: 844-534-4673
www.healthchoiceaz.com

Horizon Health and Wellness

415 W. Baseline Spur
Globe, AZ 85501
833-431-4449
www.hhwaz.org

San Carlos Apache Healthcare

106 Medicine Way Rd.
Peridot, AZ 85542
928-475-1400
www.scahealth.org

Southwest Behavioral & Health Services

404 W. Aero Dr.
Payson, AZ 85541
928-474-3303
www.sbhservices.org

■ PINAL COUNTY

Regional Behavioral Health Authority for Pinal County:

Arizona Complete Care

Customer Service: 1-888-788-4408
Crisis Line: 844-534-4673
(24 hrs. a day/7 days per week)
www.azcompletehealth.com

Casa Grande Counseling Service

635 E. Cottonwood Ln.
Casa Grande, AZ 85122
520-836-0440
www.casagrandecounseling.com

Corazon Integrated Healthcare Services

900 E. Florence Blvd.
Casa Grande, AZ 85122
520-836-4278
www.chaposcorazon.com

Helping Associates, Inc.

1901 N. Trekell Rd., Ste. A
Casa Grande, AZ 85122
520-836-1029
https://helpingassociates.com

Horizon Health and Wellness - locations

833-431-4449
www.hhwaz.org/locations

Intermountain Centers

for Human Development
330 N. Picacho St., Ste. 1
Casa Grande, AZ 85122
520-876-5833
https://intermountaincenters.org

La Frontera Arizona Impact - Suicide Prevention Center

Apache Junction: 480-317-2214
Maricopa: 520-316-6068
San Tan Valley: 480-317-2213
Crisis Hotline: 480-784-1500
https://lafronteraaz-empact.org

Luminaria

(Serving Pinal County)
4040 N. Del Monte Dr.
Eloy, AZ 85131
520-466-2233
www.luminariaarizona.com

Pinal Hispanic Council

107 E. 4th St.
Eloy, AZ 85131
520-466-7765
www.pinalhispaniccouncil.org

Sun Life Health

(Behavioral Health Services available in Apache Junction, Casa Grande, Coolidge, Eloy, Florence, Maricopa, Oracle, and San Manuel – call for location information)
865 N. Arizola Rd.
Casa Grande, AZ 85122
888-381-0317
www.slhfc.org

Transitional Living Center

117 E. 2nd St., Ste. 2
Casa Grande, AZ 85122
602-900-1258
www.rehab.com/transitional-living-center-recovery

Blind and Visually Impaired Services

■ NATIONWIDE

American Foundation for the Blind

1101 Wilson Blvd., 6th Floor
Arlington, VA 22209
212-502-7600
www.afb.org

■ STATEWIDE

Arizona Talking Book Library

1030 N. 32nd St.
Phoenix, AZ 85008
602-255-5578
www.azlibrary.gov/talkingbooks

Arizona School For The Deaf

1200 W. Speedway Blvd.
Tucson, AZ 85745
520-770-3458
https://asdb.az.gov

Arizona Center for the Blind and Visually Impaired

3100 E. Roosevelt St.
Phoenix, AZ 85008
602-273-7411
www.acbvi.org

Arizona Industries for the Blind

515 N. 51st Ave., Ste. 130
Phoenix, AZ 85043
623-233-7882
www.azifb.com

Eye Dog Foundation for the Blind

8252 S. 15th Ave.
Phoenix, AZ 85041
800-393-3641
www.eyedogfoundation.org

DES - Independent Living Blind

1155 N. Arizona Ave.
Coolidge, AZ 85128
602-266-9286

■ PINAL AND GILA COUNTIES

Ability360 - Pinal-Gila County Office

1419 N. Arizona Blvd.
Coolidge, AZ 85128
520-316-4300
https://ability360.org

Vocational Rehabilitation Office Serving Persons with Blindness or Vision Impairment

3262 Bob Dr., Ste. 12
Prescott Valley, AZ 86314
480-910-7446

Caregiving for Elders

■ **NATIONWIDE**
AARP
Support Line: 1-877-333-5885
www.aarp.org/caregiving

Arizona Caregiver Coalition

Toll-free: 888-737-7494
http://azcaregiver.org

Eldercare Locator

U.S. Administration on Aging
Toll-free: 800-677-1116
www.eldercare.acl.gov

Chambers of Commerce

■ GILA COUNTY

Globe-Miami Chamber of Commerce

1360 N. Broad St.
Globe, AZ 85501
928-425-4495
www.globemiamichamber.com

Rim Country Regional Chamber of Commerce

100 W. Main St.
Payson, AZ 85541
928-978-0490
www.rimcountrychamber.com

Tonto Basin Chamber of Commerce

45675 N. Highway 188
Tonto Basin, AZ 85553
833-486-6862
www.tontobasinchamber.org

■ PINAL COUNTY

Apache Junction Chamber of Commerce
567 W. Apache Trl.
Apache Junction, AZ 85120
480-982-3141
www.ajchamber.com

Arizona City Chamber of Commerce

13640 Sunland Gin Rd. (Mail: PO Box 5)
Arizona City, AZ 85123
520-466-5141
https://arizonacitychamberofcommerce.com

Check out our resources for Seniors in the
2024 Casa Grande Community Guide &
Business Directory, Casa Grande Visitors
Guide and Casa Grande Street Map!



CASA GRANDE
Chamber of Commerce and Tourism Office

(520) 836-2125
575 N. Marshall St. • casagrandechamber.org



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SCAN OR VISIT
PinalHealthy.com/app

A joint project with:





This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP). USDA is an equal opportunity provider.

**Casa Grande Chamber of Commerce
and Tourism Office**

575 N. Marshall St.
Casa Grande, AZ 85122
520-836-2125
www.casagrandechamber.org

Coolidge Chamber of Commerce

351 N. Arizona Blvd., Ste. 5
Coolidge, AZ 85128
520-723-3009
www.coolidgechamber.org

Copper Basin Chamber of Commerce

355 W. Alden Rd. (Mail: P.O. Box 206)
Kearny, AZ 85137
520-363-7607
www.copperbasinaz.org

Eloy Chamber of Commerce

515 N. Main St.
Eloy, AZ 85131
520-466-3411
www.elaychamber.com

Greater Florence Chamber of Commerce

24 W. Ruggles St. (Mail: PO Box 929)
Florence, AZ 85132
520-868-9433
www.florenceazchamber.com

Maricopa Chamber of Commerce

45700 W. Edison Rd., Ste. 100
Maricopa, AZ 85139
520-568-9573
www.maricopachamber.org

Queen Creek Chamber of Commerce

22246 S. Ellsworth Rd. (Mail: P.O. Box 505)
Queen Creek, AZ 85142
480-888-1709
www.queencreekchamber.com

San Tan Valley Chamber of Commerce

Site closed — May call for assistance
480-788-7516

Superior Chamber of Commerce

165 Main St.
Superior, AZ 85173
520-689-0200
www.superiorarizonachamber.org

Companion Pets and Animals

Pets can be very special friends and companions for older adults. The organizations below may be able to make companion animals available.

■ **STATEWIDE**

**Arizona Humane Society
Nina Mason Pulliam Campus
for Compassion**

1521 W. Dobbins Rd.
Phoenix, AZ 85041
602-997-7585
www.azhumane.org

Humane Society of Southern Arizona

635 W. Roger Rd.
Tucson, AZ 85705
520-327-6088
https://hssaz.org

■ **GILA COUNTY**

Gila County Animal Shelter

591 E. Fairground Rd.
Globe, AZ 85501
928-425-5882

High Desert Humane Society

150 W. Mesquite St.
Globe, AZ 85501
928-200-3611/928-812-2175

Humane Society of Central Arizona

605 W. Wilson Ct.
(Mail: PO Box 242)
Payson, AZ 85541
928-474-5590

■ **PINAL COUNTY**

Casa Grande Animal Care & Adoption Center

202 E. First Ave.
Casa Grande, AZ 85122
520-426-9300

Pets in Need Action League

P.O. Box 12813
Casa Grande, AZ 85122
510-582-0299
http://pinalpets.org

Pinal County Animal Control

1150 Eleven Mile Corner Rd.
Casa Grande, AZ 85194
520-509-3555

Valley Humane Society

15699 W. Aniceto Rd.
Casa Grande, AZ 85193
520-836-0904

Computer Access

Although many resources in this Guide list internet websites, many people do not own a computer. Central Arizona Aging (CAA) maintains computers for the public to use without charge during the hours of 8:00 a.m. to 4:00 p.m.. Most local libraries also maintain computer labs for the public. (See Libraries)

Central Arizona Aging (CAA)

8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758 or 800-293-9393

Day Care – Adult

Adult Day Care provides care and supervised activities for seniors and persons with disabilities. Care is normally available for several hours each day up to five days a week. Some centers provide transportation.

Some assisted living facilities may also take seniors for a limited period of time during the day.

Arbor Rose Adult Day Club

6033 E. Arbor Ave.
Mesa, AZ 85206
480-654-8200

Caliche Senior Living Adult Day Club

1640 N. Peart Rd.
Casa Grande, AZ 85122
520-316-8041

Oakwood Creative Care – Mesa, Arizona

480-464-1061
www.oakwoodcreativecare.org



Deaf and Hearing Impaired Services

Arizona Commission for the Deaf and the Hard of Hearing

This site maintains a statewide information and referral directory to provide information and referral services throughout Arizona for persons who are deaf and hard of hearing, as well as their caregivers. Additionally, the Commission maintains directories of physicians who sign, licensed interpreters, and free telecommunications devices for residents who need help communicating on the phone. They also can help with Relay 7-1-1 to provide telephone accessibility for free to residents.

Voice: 602-542-3323

Video Phone: 480-599-9441

www.acdhh.org

Drug Rehab USA

(Includes deaf and hard of hearing facilities)

National substance use disorder

treatment locator

<https://drugrehabus.org>

Dental Assistance

Dental services may be too expensive for older adults even if they have dental insurance. Various reduced fee or sliding scale payment dental assistance programs exist to provide reduced fee dental services.

To find out about reduced fee dental services available in Gila and Pinal counties, contact:

Arizona Dental Foundation

(Provides charitable dentistry to children and individuals with a special need)

480-344-5778

www.azdentalfoundation.org

Arizona School of Dentistry & Oral Health

5850 E. Still Cir.

Mesa, AZ 85206

480-219-6000

www.atsu.edu/asdoh

Carrington College Dental Hygiene Clinic

1300 S Country Club Dr., Ste. 2

Mesa, AZ 85210

480-734-2378

<https://carrington.edu/schools/mesa-arizona/dental-hygiene-clinic>

El Rio Health Dental Services

320 W. Prince Rd.

Tucson, AZ 85705

520-670-3909 (dental appointments)

www.elrio.org

Rio Salado College Dental Clinic

(Preventive dental hygiene services only)

2250 W. 14th St. (Mail: 2323 W. 14th St.)

Tempe, AZ 85281

480-517-8000

www.riosalado.edu/locations

Sun Life Health – Dentistry

(Sliding fee discount for uninsured)

865 N. Arizola Rd.

Casa Grande, AZ 85122

520-350-7560

DES – Arizona Department of Economic Security – Local Offices

■ GILA COUNTY

Globe Support Coordination Office

605 S. 7th St.

Globe, AZ 85501

928-425-3101

■ PINAL COUNTY

Apache Junction Support Coordination Office

11518 E. Apache Trl.

Apache Junction, AZ 85120

855-432-7587

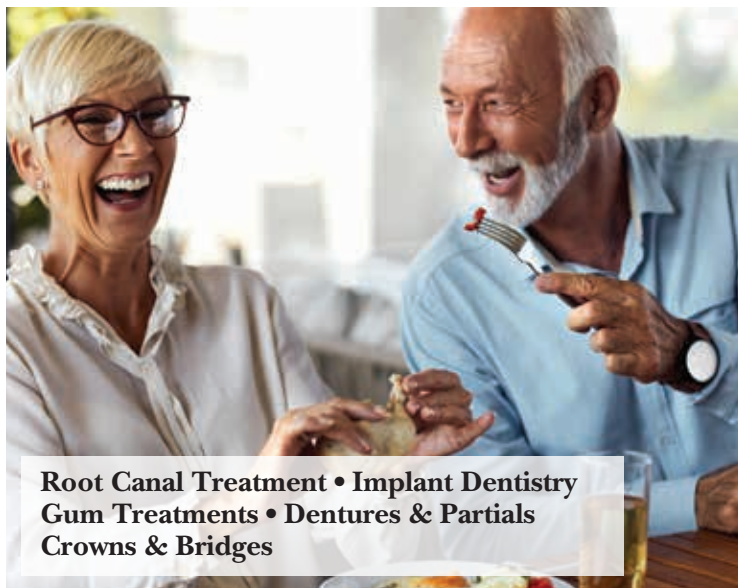
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Crowns & Bridges

Casa Grande Support Coordination Office

555 W. Main Ave.
Casa Grande, AZ 85122
855-432-7587

Coolidge Support Coordination Office

1155 N. Arizona Blvd.
Coolidge, AZ 85128
844-432-7587

Disaster Assistance

American Red Cross

4747 N. 22nd St., Ste. 100
Phoenix, AZ 85016
602-336-6660
www.redcross.org/get-help.html

Arizona Emergency Information Network (AZEIN)

The State of Arizona's official source for emergency updates, preparedness advice and hazards information, and related resources.
https://ein.az.gov

FEMA - Federal Emergency Management Agency

1-800-621-FEMA (3362)
www.disasterassistance.gov

Gila County Emergency Management

5515 S. Apache Ave., Ste. 400
Globe, AZ 85001
928-402-8789

Pinal County Emergency Management

31 N. Pinal St., Bldg. F (Mail: PO Box 727)
Florence, AZ 85132
520-509-3555 or 888-431-1311



Domestic Violence

There are many programs and services to help individuals in domestic violence situations. There is also a hotline for locating emergency shelter, which operates 24 hours per day/7 days per week. (Also see Counseling and Behavioral Health)

National Domestic Violence Hotline

800-799-SAFE (7233)
www.thehotline.org

National Deaf Domestic Violence Hotline

855-812-1001 (video phone) 24/7
www.thedeafhotline.org

Arizona Coalition to End Sexual & Domestic Violence (ACESDV)

2700 N. Central Ave., Ste. 1100
Phoenix, AZ 85004
602-279-2900 or 800-782-6400
National Domestic Violence Hotline:
1-800-799-7233
National Sexual Assault Hotline:
1-800-656-4673
www.acesdv.org

■ GILA COUNTY

Time Out, Inc. - Payson

Crisis line: 928-472-8007
www.timeoutshelter.org

■ PINAL COUNTY

Against Abuse, Inc.

119 N. Florence St. (Mail: PO Box 10733)
Casa Grande, AZ 85130
520-836-1239
Crisis Line: 520-836-0858
www.against-abuse.org

A New Leaf; Community

Alliance Against Family Abuse

868 E. University Dr.
Mesa, AZ 85203
480-969-4024
Crisis line: 480-982-0196
www.turnanewleaf.org

Horizon Health and Wellness

210 E. Cottonwood Ln.
Casa Grande, AZ 85122
833-41-4449

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Lorrie Carter - Agent

1609 E. Florence Blvd., Suite 8
Casa Grande, AZ 85122
Bus: 520-836-0445
www.cartersfinsurance.com

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1001.206.1 State Farm, Home Office, Bloomington, IL



Our domestic violence & sexual violence crisis line is available 24/7 (520) 836-0858

Serving Pinal County for over 40 years

Admin (520) 836-1239
www.against-abuse.org



Employment and Job Training

Many studies have shown the value of older workers in terms of productivity, work ethic and dependability. Many older adults retire and then decide they'd like to go back to work. There are resources available to assist with job training and employment leads.

Senior Community Service Employment Program (SCSEP)

PROGRAM DESCRIPTION: The Senior Community Service Employment Program (SCSEP) provides subsidized, part-time community service assignments to eligible, low-income, unemployed persons aged 55 and over. Training compensation – Arizona minimum wage rate.

ELIGIBILITY INFORMATION:

- Arizona resident
- 55 years or older
- Unemployed
- Meet current income guidelines

WHERE TO APPLY:

- AARP Foundation SCSEP
4020 N. 20th St.
Phoenix, AZ 85016
602-841-0403
www.aarp.org/aarp-foundation/our-work/income/scsep

WORK SEARCH:

- Great places to start your work search for full-time, part-time or temporary work are listed below:

DES/Arizona@Work

<https://arizonaatwork.com> & Arizona Workforce Connection (gilacountyaz.gov)

318 N. Florence St.

Casa Grande, AZ 85122

520-858-8855

100 N. Tonto St., Ste. 100

Payson, AZ 85541

928-468-9829

5515 S. Apache Ave., Ste. 200

Globe, AZ 85501

928-425-7631

www.jobing.com

(Search local jobs, find local employers)

www.azjobconnection.gov

(Free statewide job matching and labor market information system)

<https://azstatejobs.azdoa.gov>

(State of Arizona government jobs)

Job Service/Vocational Rehab Offices

■ GILA COUNTY

Globe DES Vocational Rehabilitation Office

605 S. 7th St.

Globe, AZ 85501

928-425-3101

Payson DES Vocational Rehabilitation Office

100 N. Tonto St.

Payson, AZ 85541

928-468-9829

■ PINAL COUNTY

Apache Junction DES Vocational Rehabilitation

11518 E. Apache Trail, Ste. 110 & 111

Apache Junction, AZ 85120

480-983-0427

Casa Grande DES Vocational Rehabilitation Office

318 N. Florence St.

Casa Grande, AZ 85122

520-858-8855

Coolidge DES Vocational Rehabilitation Office

1155 N. Arizona Blvd.

Coolidge, AZ 85128

520-723-5351

End-of-Life Planning

Arizona Attorney General's Life

Care Planning Information

The Attorney General's Life Care Planning information packet can be found at the Arizona Attorney General's website below.

There are numerous senior contacts and resources listed on this website. If you have questions about any of the information or forms found, please contact an attorney or PGCS Legal Services (520-836-2758) for assistance.

A general durable Power of Attorney form is not available on the website, but more information about the process is. The Power of Attorney designations, wills, and trusts are powerful legal instruments, and it is recommended that you fully understand the documents you are signing.

The documents are found at www.azag.gov/seniors/life-care-planning and include:

- **Durable Health Care Power of Attorney and Durable Mental Health Care Power of Attorney** Provides for a designated person to make medical care decisions, including mental health care decisions, when you are unable to do so.
- **Letter to my Agent (Representative)** About Powers of Attorney Forms and Responsibilities
- **Living Will (End of Life Care)** Allows you to specify your wishes. Helps eliminate confusion and questions about what you want related to certain treatments.
- **Pre-Hospital Medical Directive (Do Not Resuscitate Directive, also known as DNR)** A link is provided on the website to find out if you should complete a DNR form.

Fiduciary Services

The office of the Public Fiduciary was created by the Arizona State Legislature to help individuals who have no one else willing or able to handle their medical care and placement or their finances. Normally, Public Fiduciaries handle the affairs of persons who are low-income, vulnerable and incapacitated.

Gila County Public Fiduciary

5515 S. Apache Ave., Ste. 800
Globe, AZ 85501
928-425-3149

Pinal County Public Fiduciary

971 N. Jason Lopez Cir., Bldg. C
Mail: PO Box 808
Florence, AZ 85132
520-866-7252



St. Vincent de Paul Shopping Mall

Welcomes you to Payson and invites you to Visit us Today!

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- 3 Buildings of Treasures
- Art - Books - Clothes
- Dishes - Towels - Bedding
- Everthing you need for your home or home away from home

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1006 S Beeline Hwy | 928 474-4476

All proceeds go to: The Saint Vincent de Paul Food Bank | Helping those in need in Rim Country

Central Arizona Aging

VOLUNTEER OPPORTUNITIES

520-836-2758 caaging.org



Food Assistance

Listed below is contact information to apply for the Food Stamp Program (now called Supplemental Nutrition Assistance Program—SNAP) and the Food Plus Program. The area Food Banks are also listed. (For information on Meals On Wheels, see Meals—Home Delivered)

Supplemental Nutrition Assistance Program-SNAP

SNAP funds can be spent to buy nutritious food. Generally, they are only part of the food budget; shoppers spend some cash along with SNAP funds.

WHERE TO APPLY: Most applications are completed through phone and internet at this time. Documents are submitted by mail or fax.

DES/FAA Offices Statewide

Toll-free: 855-432-7587

■ GILA COUNTY

605 S. 7th St.
Globe, AZ 85501
855-432-7587

216 & 218 E. Hwy. 260 Ste. 218
Payson, AZ 85541-5421
855-432-7587

■ PINAL COUNTY

11518 E. Apache Trl., Ste. 113
Apache Junction, AZ 85120
855-432-7587

555 W. Main Ave.
Casa Grande, AZ 85122
855-432-7587

1155 N. Arizona Blvd.
Coolidge, AZ 85128
855-432-7587

To find out more information about applying for SNAP food assistance, go to:

www.arizonaselfhelp.org or
www.healtharizonaplus.gov

Food Plus

(Commodity Senior Food Program)
PROGRAM DESCRIPTION: Arizona's Commodity Senior Food Program (CSFP) works to improve the health of low-income persons at least 60 years of age by supplementing their diets with a

monthly food package of nutritious USDA Foods.
WHERE TO APPLY: Go to <https://des.az.gov/senior-food-program>

Food Buying Cooperatives

PROGRAM DESCRIPTION: Cooperatives offer food packages which you can purchase using cash or, in many cases, SNAP funds. You receive a food package containing food worth double what you paid for it. A package generally costs between \$13 and \$35 and may include a combination of frozen meat, fruits, vegetables, specialty items and staple foods.

Food buying cooperatives are not charity or government programs, and they will not affect any benefits from other programs. They are operated primarily by non-profit organizations and are able to offer such a good deal because of the volume of purchases they make and because they also take advantage of close-outs, over-production and package changes. The operating organizations do not make a profit on these food cooperative programs.

Bountiful Baskets - Location in Payson

Check website for schedule
www.bountifulbaskets.org

Food Banks and Emergency Food

■ GILA COUNTY

Gila Community Food Bank

(Mon. – Fri. | 9 a.m. – 12:30 p.m.)

317 W. Hackney Ave.

(3rd Thu. & Fri. each month | 9 a.m. – 11:30 a.m.)

CSFP

Globe, AZ 85501

928-425-3639

(Must meet Federal poverty guidelines)

St. Vincent de Paul Food Bank

(Wed. & Thu. | 12:30 p.m. – 2:15 p.m.)

511 S. St. Phillips St.

Payson, AZ 85541

928-474-9104

■ PINAL COUNTY

Caring Hands of Pinal County

– Food Distribution Center

(Tue. | 2 p.m. – 5:30 p.m.)

241 W. Cottonwood Ln.

Casa Grande, AZ 85122

520-840-4458

Casa Grande Food Bank

(Mon., Wed., & Fri. | 2 p.m. – 4 p.m.)

235 E. 4th St.

Casa Grande, AZ 85122

520-836-2009

Christ the Victor Lutheran Food Bank

(Tue. & Thu. | 8 a.m. – 10 a.m.)

6173 E. Arizona Farms Rd.

San Tan Valley, AZ 85132

602-317-7344

Compassion Care Center

(Tue. – Thu. | 9 a.m. – 4 p.m.)

5418 E. Skyline Dr.

San Tan Valley, AZ 85140

480-987-0885

(Call for appointment)

Florence Baptist Food Bank

(Fri. | 7 a.m. – Till everything is gone)

30 Willow St.

Florence, AZ 85132

520-868-1728

Genesis Project

(Hot Meals Served Sunday- Fri. | 12 p.m. – 2 p.m.)

564 N. Idaho Rd., #5

Apache Junction, AZ 85119

480-225-7757

Gold Canyon Missions Center Food Bank

(Mon., Wed., Fri. | 9 a.m. – 12 p.m.)

8330 E. Sunrise Sky Dr.

Gold Canyon, AZ 85118

480-982-6789

Hope International Food Pantry

(October – April; 1st, 2nd, & 3rd Thu.

7 a.m. – 9 a.m.)

(May – September; 1st, 2nd, & 3rd | 6 p.m. – 8 p.m.)

1280 N. Arizona Blvd.

Coolidge, AZ 85128

520-233-6699

Living Hope Helping Hands

(Tue. – Thu. | 9 a.m. – 12 p.m.)

13270 S. Sunland Gin Rd.

Arizona City, AZ 85123

520-466-7255

Mountain View Church

4815 W. Hunt Hwy.

Queen Creek, AZ 85142

480-415-9814

(Call for appointment)

Salvation Army – Apache Junction

(Tue. – Thu. Drive through pick up only

9 a.m. – 1 p.m.)

605 E. Broadway Rd.

Apache Junction, AZ 85119

480-982-4110

Salvation Army – Casa Grande

(Mon. – Fri. | 9:30 a.m. – 12 p.m.)

1333 N. Center Ave.

Casa Grande, AZ 85122

520-421-4480

Santa Cruz Valley Food Bank (CAHRA)

(Mon. & Fri. | 9 a.m. – 11 a.m.)

109 N. Sunshine Blvd.

Eloy, AZ 85131

520-466-1112

Seeds of Hope – Free meal

(Mon. – Saturday | 11 a.m. – 12 p.m.)

Fountains of Living Water Church

518 E. 2nd St.

Casa Grande, AZ 85122

520-836-6335

Society of St. Vincent de Paul

(Mon. – Fri. | 9 a.m. – 12:30 p.m.)

405 E. 2nd St.

Casa Grande, AZ 85122

520-836-2009

St. George Help for the Needy Pantry

(Tue., Wed., & Thu. | 9 a.m. – 11 a.m.)

300 E. 16th Ave.

Apache Junction, AZ 85119

480-982-2929

Stanfield Food Pantry

615 S. Stanfield Rd.

Stanfield, AZ 85172

520-450-7985 (call for schedule)

Tri-Community Food Bank

(Mon. – Thu. & Saturday | 9 a.m. – 12 p.m.)

108 Redwood Dr.

Mammoth, AZ 85618

520-487-2010

United Food Bank Pinal – Empowerment

(3rd Wed. | 7:45 a.m. – 9 a.m.)

2066 W. Apache Trl., Ste. 116

Apache Junction, AZ 85119

480-367-6937

Fraud – Reporting

Also see Law Enforcement Agencies

Central Arizona Aging (CAA)

8969 W. McCartney Rd.

Casa Grande, AZ 85194

520-836-2758

Toll-free: 800-293-9393

Office of the Attorney General, Consumer Information and Complaints

2005 N. Central Ave.

Phoenix, AZ 85004

602-542-5763

consumerinfo@azag.gov

www.azag.gov/complaints/consumer

Gila County Attorney's Office

1400 E. Ash St.
Globe, AZ 85501
928-402-8630

Pinal County Attorney's Office

971 N. Jason Lopez Cir.
Florence, AZ 85132
520-866-6271

Government Offices

■ **GILA COUNTY**

Gila County Government

1400 E. Ash St.
Globe, AZ 85501
928-425-3231
Toll-free: 800-304-4452
www.gilacountyaz.gov

City of Globe

150 N. Pine St.
Globe, AZ 85501
928-425-7146
www.globeaz.gov

Town of Hayden

520 N. Velasco Ave. (Mail: PO Box B)
Hayden, AZ 85135
520-356-7801
www.townofhaydenaz.gov

Town of Miami

500 W. Sullivan St.
Miami, AZ 85539
928-473-4403
www.miamiaz.gov

Town of Payson

303 N. Beeline Hwy.
Payson, AZ 85541
928-474-5242
www.paysonaz.gov

Town of Winkelman

206 Giffin Ave.
Winkelman, AZ 85192
520-356-7854
https://winkelmanaz.gov

■ **PINAL COUNTY**

Pinal County Government

31 N. Pinal St.
Florence, AZ 85132
520-509-3555 or 888-431-1311
www.pinalcountyaz.gov

City of Apache Junction

300 E. Superstition Blvd.
Apache Junction, AZ 85119
480-982-8002
www.ajcity.net

City of Casa Grande

510 E. Florence Blvd.
Casa Grande, AZ 85122
520-421-8600
www.casagrandeaz.gov

City of Coolidge

130 W. Central Ave.
Coolidge, AZ 85128
520-723-5361
www.coolidgeaz.com

End of life decisions should not be made at the end of life...

There is a better way – Advanced Planning

Call us and pre-plan your funeral or cremation service today. Your family will be grateful for one less burden during their most difficult times.



Micah Powell
Advanced Planning Specialist
520.836.5555

OUR SERVICES:

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- First Month's Rental Deposits
- Eviction Prevention/Rental Assistance
- Referrals
- Discount Programs
- Santa Cruz Valley Food Pantry
- Senior Food Boxes
- Minor Home Repair
- Repair or Replacement of Utility Related Appliances
- And More!

**350 E. 6th St., Casa Grande, AZ
520-483-0010 • www.cghelps.com**

City of Eloy

595 N. C St.
Eloy, AZ 85131
520-466-9201
<https://eloyaz.gov>

Town of Florence

775 N. Main St. (Mail: P.O. Box 2670)
Florence, AZ 85132
520-868-7500
www.florenceaz.gov

Town of Kearny

912-C Tilbury Dr. (Mail: P.O. Box 639)
Kearny, AZ 85137
520-363-5547
www.kearnyaz.gov

Town of Mammoth

125 N. Clark St. (Mail: P.O. Box 130)
Mammoth, AZ 85618
520-487-2331
<http://townofmammoth.us>

City of Maricopa

39700 W. Civic Center Plz.
Maricopa, AZ 85138
520-568-9098
www.maricopa-az.gov

Town of Queen Creek

22358 S. Ellsworth Rd.
Queen Creek, AZ 85142
480-358-3000
www.queencreek.org

Town of Superior

199 N. Lobb Ave.
Superior, AZ 85173
520-689-5752
<https://superioraz.gov>

Health Care

A variety of programs are available to help with health care needs of seniors and disabled adults. Some of these programs are listed below. Also see Hospitals and Urgent Care Facilities.

■ GILA COUNTY

Gila County Health Services
5515 South Apache Ave., Ste. 100
Globe, AZ 85501
928-402-8811

Gila County Health Services

110 W. Main St., Ste. A
Payson, AZ 85541
928-474-1210

■ PINAL COUNTY

Pinal County Public Health Services District

971 N. Jason Lopez Cir., Bldg. D
(Mail: PO Box 2945)
Florence, AZ 85132
Toll-free: 866-960-0633
<http://pinalcountyaz.gov/publichealth>

Pinal County Public Health Clinics

Call for general information and appointments
Toll-free: 866-960-0633 Mon-Fri, 8 a.m. – 5:30 p.m.

Apache Junction Clinic

575 N. Idaho St., Ste. 301
Apache Junction, AZ 85119
Nursing: Tues-Fri, 8 a.m. – 6 p.m.

Casa Grande Clinic

1729 N. Trekeil Rd., Ste. 120
Casa Grande, AZ 85122
Nursing: Mon-Fri, 8 a.m. – 6 p.m.

Coolidge Clinic

119 W. Central
Coolidge, AZ 85128
Nursing: Wed-Thurs, 8 a.m. – 6 p.m.

Eloy Clinic

302 E. 5th St.
Eloy, AZ 85131
Nursing: 2nd Tues of every month
from 8 a.m. – 6 p.m.

Kearny Clinic

355 Alden Rd.
Kearny, AZ 85137

Maricopa Clinic

41600 W. Smith-Enke Rd., Ste. 110
Maricopa, AZ 85138
Nursing: Tues & Wed, 8 a.m. – 6 p.m.

Oracle Clinic

1870 W. American Ave.
Oracle, AZ 85623

San Manuel Clinic (held at Sun Life Clinic)

23 S. McNab Pkwy.
San Manuel, AZ 85631

San Tan Valley Clinic

36235 N. Gantzel Rd.
San Tan Valley, AZ 85140
Nursing: Mon – Thurs, 8 a.m. – 6 p.m.

Superior Clinic

60 E. Main St.
Superior, AZ 85173

Horizon Health & Wellness

Apache Junction

625 N. Plaza Dr.
Apache Junction, AZ 85120
833-431-4449

Casa Grande

210 E. Cottonwood In
Casa Grande, AZ 85122
833-431-4449

Queen Creek

22713 S. Ellsworth Rd., Bldg. A, Ste. 101
Queen Creek, AZ 85142
833-431-4449

Sun Life Health

Sun Life Health – Apache Junction

2080 W. Southern Ave., Ste. B-10
Apache Junction, AZ 85120
480-351-2850

Sun Life Health – Casa Grande

865 N. Arizola Rd.
Casa Grande, AZ 85122
520-836-3446

Sun Life Health – Coolidge

1284 N. Arizona Blvd.
Coolidge, AZ 85128
520-723-9131

Sun Life Health – Eloy

205 N. Stuart Blvd.

Eloy, AZ 85131

520-466-7883

Sun Life Health – Florence

174 W. Highway 287

Florence, AZ 85132

520-518-5025

Sun Life Health – Maricopa

44572 W. Bowlin Rd.

Maricopa, AZ 85138

520-568-2245

Sun Life Health – Oracle

1040 W. American Ave.

Oracle, AZ 85623

520-896-2092

Sun Life Health – San Manuel

23 S. McNab Pkwy.

San Manuel, AZ 85631

520-385-2234

Health Education Centers**Eastern Arizona Health Education Center**

Serves Gila, Graham, Greenlee, and Pinal counties

928-402-8054

Home Care Services

Home care services may include general services provided in the home, such as Personal, Housekeeping, and Attendant Care. Some home health care agencies may also provide services, such as visiting nurses, respite, home health aide services and other in-home medically needed services.

The following are some home care agencies.

Please consult your local telephone book if you need more options. (ALTCS or Medicare acceptance noted in parentheses; however, other forms of payment or insurances are taken. Please call to inquire.)

Ability360 (Accepts ALTCS)

1419 N. Arizona Blvd.

Coolidge, AZ 85128

520-316-4300

AccentCare (Accepts ALTCS)

1515 E. Florence Blvd., Ste. 101

Casa Grande, AZ 85122

Mon. – Fri.

520-316-0290

200 W. Frontier St., Ste. C

Payson, AZ 85541

928-404-8000

AIRES, Inc.

(Accepts ALTCS)

580 Camino Mercado, Ste. 1

Casa Grande, AZ 85122

520-836-0881

**SERVICES**

- Family Medicine
- Primary Care Services
- Chronic Illness Care
- Outpatient Behavioral Health
- Individual & Couples Counseling
- Lab Services
- Psychiatric Services
- Crisis Counseling
- Adult Groups
- Trauma Services
- Support for Grief and Loss



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Conveniently located in Apache Junction, Florence, Globe, Oracle, and Casa Grande.

We accept most major insurance carriers, including most AHCCCS and Medicare plans, along with a sliding fee scale for qualifying private-pay patients.

Angels Care Home Health

(Accepts Medicare)
653 E. Cottonwood Ln.
Casa Grande, AZ 85122
520-876-0622

105 S. Delaware Dr., Ste. 6
Apache Junction, AZ 85120
480-288-4822

BrightStar Care

(serving Casa Grande and Maricopa)
(Accepts VA)
4515 S. McClintock Dr., Ste. 203
Tempe, AZ 85282
602-730-7092

Casa Grande Home Health Care

550 E. Cottonwood Ln., Ste. D
Casa Grande, AZ 85122
623-206-7386

Circle of Life Home Care

1150 E. Florence Blvd., Ste. 1
Casa Grande, AZ 85122
520-836-9700

Comfort Keepers

(serving Apache Junction, Maricopa, Queen
Creek, & San Tan Valley) (Accepts ALTCS and
Medicare)
1347 N. Alma School Rd., #230
Chandler, AZ 85224
480-659-9201

Copa Health

924 N. Country Club Dr.
Mesa, AZ 85201
480-969-3800

Home Instead Senior Care

(serving Apache Junction, Casa Grande, Eloy,
Florence, Gold Canyon, Maricopa, Queen Creek,
& San Tan Valley)
3850 E. Baseline Rd., Ste. 128
Mesa, AZ 85206
480-827-4343

Nursing Solutions

(Accepts ALTCS in limited cases)
15255 N. 40th St., Ste. 141
Phoenix, AZ 85032
602-331-1100

Synergy Home Care

(Accepts ALTCS & Medicare)
1855 W. Baseline Rd., Ste. 202
Mesa, AZ 85202
480-377-6770

Foundation for Senior Living

Engagement & Wellness Center
(Accepts ALTCS and some Medicare plans)
1201 E. Thomas Rd.
Phoenix, AZ 85014
602-285-1800

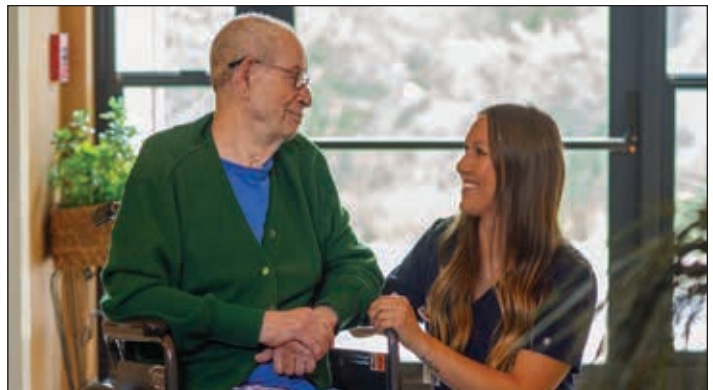
Lazy JR RV Park



Lazy JR RV Ranch
298 Butcher Hook Lane
P O Box 277
Tonto Basin, AZ 85553
928-479-2487 Office

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- Hospice is fully covered by Medicare/Medicaid.
- We are the only hospice in Payson with an inpatient unit.
- Compassus Payson participates in the *We Honor Veterans* program.

To find out more information on hospice or if our inpatient units are right for your loved one, contact us at

928-472-6340 or visit compassus.com.



COMPASSUS[®]

511 S. Mud Springs Road, Payson, AZ 85541



Hospice Services

Terminally ill persons, as well as their families, often turn to the compassionate services of hospice. Hospice services focus on maintaining the best quality of life and personal comfort for individuals and their families. Services are available in individual homes, assisted living complexes, group homes, in special hospital units and in many nursing care facilities. Medicare, Medicaid (AHCCCS), and/or private insurance cover hospice care.

Aria Hospice Comfort Care

(Serves Casa Grande area)
7225 N. Mona Lisa Rd.
Tucson, AZ 85741
520-547-7000

Arizona Care Hospice

12035 N. Saguaro Blvd., Ste. 101
Fountain Hills, AZ 85268
480-588-8200

Aviant Hospice

(Parts of Pinal and Gila counties)
136 S. Broad St.
Globe, AZ 85501
928-425-5400

Compassus

1675 E. Monument Plaza Cir., Ste. A
Casa Grande, AZ 85122
520-317-6744

511 S. Mud Springs Rd., Ste. 1 & 2

Payson, AZ 85541
928-256-4738

Emblem Hospice

1880 E. River Rd., Ste. 210
Tucson, AZ 85718
520-297-1460

Gentiva Hospice

(Pinal County)
1175 E. Cottonwood Ln., Ste. 1
Casa Grande, AZ 85122
520-233-6116

Heart of Healing Hospice

1729 N. Trekell Rd., Ste. 122
Casa Grande, AZ 85122
520-278-5003

Hospice of Payson

900 N. Beeline Hwy., Ste. B
Payson, AZ 85541
928-474-2415

Hospice of the Valley

1510 E. Flower St. Bldg. 2
Phoenix, AZ 85014
602-287-7000

Hospice Promise

112 E. Florence Blvd., Ste. 3
Casa Grande, AZ 85122
623-209-7003

Integrity Hospice Care

6877 S. Kings Ranch Rd., Ste. 1
Gold Canyon, AZ 85118
480-426-0255

Soreo Hospice Care & Palliative

442 W. Kortsen Rd., Ste. 103A
Casa Grande, AZ 85122
520-568-6400

THEMA Health Services

375 S. Sutherland St.
Globe, AZ 85501
928-425-8330



Hospitals and Urgent Care Facilities

■ GILA COUNTY

Cobre Valley Regional Medical Center

5880 S. Hospital Dr.
Globe, AZ 85501
928-425-3261

Banner Payson Medical Center

807 S. Ponderosa St.
Payson, AZ 85541
928-471-3222

CVRMC Pleasant Valley Clinic

124 N. Tewksbury Blvd.
Young AZ 85554
928-462-3435

San Carlos Apache Healthcare

103 Medicine Way Rd.
Peridot, AZ 85542
928-475-1400

■ PINAL COUNTY

Banner Casa Grande Medical Center

1800 E. Florence Blvd.
Casa Grande, AZ 85122
520-381-6300

Banner Goldfield Medical Center

2050 W. Southern Ave.
Apache Junction, AZ 85120
480-733-3300

Banner Health Center

(Outpatient treatment center)
17900 N. Porter Rd.
Maricopa, AZ 85138
520-233-2500

Banner Ironwood Medical Center

37000 N. Gantzel Rd.
Queen Creek, AZ 85140
480-394-4000

CVRMC Kearny Clinic

100 Tilbury Dr.
Kearny, AZ 85137
520-363-5573

CVRMC Superior Clinic

1134 US Hwy 60
Superior, AZ 85173
520-689-2423

Florence Hospital at Anthem

4545 N. Hunt Hwy.
Florence, AZ 85132
520-868-3333

Hu Hu Kam Memorial Hospital

Huhukam/Gila River Health Care System
483 W. Seed Farm Rd.
Sacaton, AZ 85147
520-562-3321

■ URGENT CARE

Banner Casa Grande Urgent Care

1676 E. McMurray Blvd., Ste. 1
Casa Grande, AZ 85122
520-316-0688

NextCare Urgent Care

2080 W. Southern Ave.
Apache Junction, AZ 85120
480-985-0172

1683 E. Florence Blvd., Ste. 7

Casa Grande, AZ 85122
520-876-0800

Peralta Urgent Care

6740 S. Kings Ranch Rd., Ste. 102
Gold Canyon, AZ 85118
480-616-2500

Stripes Urgent Care

750 S. Ironwood Dr., Ste. 101
Apache Junction, AZ 85120
480-982-1265

6820 S. Kings Ranch Rd., Ste. 130

Gold Canyon, AZ 85118
480-246-3411

Housing Services

Contact the agencies below to learn about minor home repairs, repairs to heaters and air conditioners, major housing rehabilitation, home weatherization, reverse mortgages and Section 8 and other subsidized housing.

There are Section 8 Housing Voucher Programs, Section 8 Housing complexes and other low-cost housing options for low-income qualifying older adults.

Several apartment complexes subsidize rent for a specified number of units for income-qualified individuals or families. To locate, go to:

Arizona Department of Housing

602-771-1000
<https://housing.az.gov>

USDA Rural Development

602-280-8701
www.rd.usda.gov/az

U.S. Department of Housing and Urban Development

602-379-7100
www.hud.gov

■ GILA COUNTY

Gila County Community Action Program

– Globe/Miami

512 S. Beeline Hwy.
Payson, AZ 85541
928-425-7631



Time Out Thrift Store

directly supports our local Domestic Violence shelter.

- Shop
- Donate
- Volunteer

Time Out Thrift Store
244 E. Hwy 260

For large local donation pick-ups.
Call (928) 474-3989

24 Hour Shelter Hotline
(928) 472-8007

www.timeoutshelter.org

Time Out, Inc. is a non-profit tax exempt organization under IRS code 501c3



10 clinic locations countywide offering:

- WIC
- Immunizations
- Reproductive Health Services
- Cancer Screening
- STD Testing
- Birth Certificate
- Death Certificate



1-866-960-0633

pinal.gov/publichealth

Clinic Locations

Call us to verify hours of operation: 1-866-960-0633

Apache Junction Clinic 575 N Idaho Rd #301 Apache Junction, AZ 85119	<ul style="list-style-type: none"> • Nursing Services • WIC
Casa Grande Clinic 1729 N Trekell Rd #120 Casa Grande, AZ 85122 <i>*birth/death certificates available*</i>	<ul style="list-style-type: none"> • Nursing Services • WIC • Vital Records
Coolidge Clinic 119 W Central Ave Coolidge, AZ 85128	<ul style="list-style-type: none"> • Nursing Services • WIC
Eloy Clinic 302 E 5th St Eloy, AZ 85131	<ul style="list-style-type: none"> • Nursing Services • WIC
Kearny Clinic 355 Alden Rd Kearny, AZ 85137	<ul style="list-style-type: none"> • WIC
Maricopa Clinic 41680 W Smith-Enke Rd #110 Maricopa, AZ 85138 <i>*birth/death certificates available*</i>	<ul style="list-style-type: none"> • Nursing Services • WIC • Vital Records
Oracle Clinic 1870 W American Ave Oracle, AZ 85623	Temporary closure call for more information
San Manuel Clinic 23 S McNabb Pkwy San Manuel, AZ 85631	<ul style="list-style-type: none"> • WIC
San Tan Valley Clinic 36235 N Gantzel Rd San Tan Valley, AZ 85140 <i>*birth/death certificates available*</i>	<ul style="list-style-type: none"> • Nursing Services • WIC • Vital Records
Superior Clinic 60 E Main St Superior, AZ 85173	<ul style="list-style-type: none"> • Nursing Services • WIC

Public Health Services

Environmental Health

- Food Protection, Safety Inspections & permits
- Vector Control Mosquito monitoring

You may find information on Pinal County Environmental Health & programs at pinal.gov/ehs

Education & Outreach

- School Health Liaison Program
- Diabetes Prevention & Education Program support groups, classes, & workshops

Infectious Disease Epidemiology Surveillance

- Communicable Disease Control & surveillance
- Sexually Transmitted Disease Control & prevention

Medical Forensics

- Healthcare response to those who encounter violence
- Exams, education, resources

■ PINAL COUNTY

Casa Grande – Owner Occupied Housing Rehabilitation Program

510 E. Florence Blvd.
Casa Grande, AZ 85122
520-421-8670

City of Coolidge Housing Rehabilitation

131 W. Pinkley Ave.
Coolidge, AZ 85128
520-723-5361

Community Action Human Resources Agency (CAHRA)

109 N. Sunshine Blvd.
Eloy, AZ 85131
520-466-1112

Eloy Housing Rehabilitation Program Grants

595 N. C St., Ste. 103
Eloy, AZ 85131
520-464-3401

Pinal County Housing Authority

970 Eleven Mile Corner Rd.
Casa Grande, AZ 85194
520-866-7201

Santa Cruz Village Apartments

(Central Arizona Aging's (CAA) Low Income Independent Living Apartment Complex)
118 E. 5th St.
Eloy, AZ 85131
520-560-2065

Indigent Burial Information

The Indigent Burial Program and application process varies by county. No public assistance program can pre-qualify a decedent or family for this service. Eligibility is generally based on income and assets of both the decedent and the next of kin.

To initiate a referral for the Indigent Burial Program, contact the County Public Fiduciary's Office nearest you for further information.

Qualified veterans may be buried at the Veteran's Administration National Memorial Cemetery in Arizona. Another option is whole-body donation (see Whole-Body Donation).

Gila County Public Fiduciary

5515 S. Apache Ave., Ste. 800
Globe, AZ 85501
928-425-3149

Pinal County Public Fiduciary

971 N. Jason Lopez Cir., Bldg. C
Florence, AZ 85132
520-866-7252

Law Enforcement Agencies

■ GILA COUNTY

Gila County Sheriff's Office – Globe

1425 E. South St.
Globe, AZ 85501
928-425-449

Gila County Sheriff's Substation – Payson

108 W. Main St.
Payson, AZ 85541
928-474-2208

Globe Police Department

175 N. Pine St.
Globe, AZ 85501
928-425-5751

Hayden Police Department

601 Hayden Ave.
Hayden, AZ 85135
520-356-6205

Miami Police Department

740 W. Sullivan St.
Miami, AZ 85539
928-473-2466

Payson Police Department

303 N. Beeline Hwy. #B
Payson, AZ 85541
928-474-5177

■ PINAL COUNTY

Pinal County Sheriff's Office

971 N. Jason Lopez Cir., Bldg. C (Mail: PO Box 867)
Florence, AZ 85132
520-866-5111

Ak-Chin Police Department

45525 W. Farrell Rd.
Maricopa, AZ 85139
520-568-1200

Apache Junction Police Department

1001 N. Idaho Rd. (Mail: 300 E. Superstition Blvd.)
Apache Junction, AZ 85119
480-982-8260

Casa Grande Police Department

373 W. Val Vista Blvd.
Casa Grande, AZ 85122
520-421-8700

Coolidge Police Department

911 S. Arizona Blvd.
Coolidge, AZ 85128
520-723-5311

Eloy Police Department

630 N. Main St.
Eloy, AZ 85131
520-466-7324

Florence Police Department

425 N. Pinal St. (Mail: PO Box 2670)
Florence, AZ 85132
520-868-7681

Gila River Police Department

693 W. Seed Farm Rd. (Mail: PO Box 2186)
Sacaton, AZ 85147
520-562-4511

Kearny Police Department

355 Alden Rd (Mail: PO Box 639)
Kearny, AZ 85137
520-363-5566

Mammoth Police Department

125 N. Clark Rd. (Mail: PO Box 130)
Mammoth, AZ 85618
520-487-2347

Maricopa Police Department

39675 W. Civic Center Plz.
Maricopa, AZ 85138
520-316-6800

Superior Police Department

199 N. Lobb Ave.
Superior, AZ 85173
520-866-5111

**Winner Best Mexican Restaurant |
Finalist - Best Margarita**



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Happy hour in the lounge **Monday - Friday**
Sunday happy hour appetizers all day!
Taco Tuesday every **Tuesday!** Fish Fry **Friday!**

Fast Service - Seating for Large Parties



**Tacos
&
Tequila**

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FREE CHEESE
CRISP WITH
ANY ENTREE**

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- DELIVERY AVAILABLE ALL DAY! -

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FOOT & ANKLE**

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- *bunions /hammertoes*
- *diabetic footcare*
- *any foot & ankle pain*
- *heel /arch pain*
- *gout /warts*
- *ingrown toenails*
- *flat feet*

NEW TO MEDICARE

Choosing between Original Medicare and Medicare Advantage is a big choice when you are new to Medicare. To discuss your options with a Medicare counselor, you can contact your State Health Insurance Assistance Program (SHIP).

**WHO TO
CONTACT FOR
MORE
INFORMATION**

**CONTACT YOUR
SENIOR
MEDICARE
PATROL (SMP) IF
YOU MAY HAVE
EXPERIENCED
MEDICARE
FRAUD, ERRORS,
OR ABUSE.**

**CONTACT YOUR STATE
HEALTH INSURANCE
ASSISTANCE PROGRAM
(SHIP) FOR HELP
NAVIGATING YOUR
MEDICARE ENROLLMENT,
COVERAGE, AND OTHER
OPTIONS WHEN YOU ARE
NEW TO MEDICARE.**

**CONTACT 1-800-
MEDICARE (633-4227)
TO ENROLL IN A
MEDICARE ADVANTAGE
OR PART D PLAN. YOU
MAY ALSO BE ABLE TO
ENROLL IN A PLAN
ONLINE AT
WWW.MEDICARE.GOV.**



**CALL YOUR LOCAL SHIP/SMP
LOCATION AT
CENTRAL ARIZONA AGING
520-836-2758**



SHIP
State Health Insurance
Assistance Program





Legal Services

Even if resources make a private attorney unaffordable for older adults, there are many legal assistance programs to turn to for help with legal questions, wills, estate planning and government benefits. Some of those programs are listed here.

Central Arizona Aging (CAA)

8969 W. McCartney Rd.
Casa Grande, AZ 85194-7432
520-836-2758

Toll-free: 800-293-9393

Fax: 520-424-2033

If you are 60 years of age or older, the PGCSC Legal Help Line is available to help you at no cost by calling the number listed above. Although there are no fees for services, donations are gladly accepted.

CAA's qualified legal professionals can help with:

- Stop Collection Effort Letters
- Beneficiary Deeds
(document preparation only)
- Cremation Directives
- Fraud, Exploitation and Abuse
- Informal Probate
(document preparation only)
- Affidavits to Transfer Real Property
- Affidavits to Collect Personal Property
- Landlord/Tenant Problems
- **Power of Attorney** (Medical and Mental Health Care)
- **Revocation of Powers of Attorney**
- Wills & Living Wills
- Consumer

There are other free legal service agencies throughout the state for people with low incomes. Contact the office nearest you.

NATIONWIDE

Law for Seniors
www.LawForSeniors.org

STATEWIDE

AZLawHelp
(free or reduced fee legal help if eligible)
866-637-5341
www.AZLawHelp.org

Elder Law Hotline (age 60+)
Toll-free: 800-231-5441

Arizona Center for Disability Law

5025 E. Washington St., Ste. 202
Phoenix, AZ 85034
602-274-6287 or 800-927-2260

Community Legal Services

305 S. 2nd Ave. (Mail: PO Box 21538)
Phoenix, AZ 85036
602-258-3434 or 800-852-9075
<https://clsaz.org>

Equal Employment Opportunity Commission (EEOC)

3300 N. Central Ave., Ste. 690
Phoenix, AZ 85012
Toll-free: 800-669-4000
www.eeoc.gov

Family Lawyers Assistance Project

(designed to assist people representing themselves)
201 W. Jefferson St., 6th floor
Phoenix, AZ 85003
602-506-7948

Friendly House

(Immigration Legal Services)
113 W. Sherman St.
Phoenix, AZ 85003
602-257-1870
www.friendlyhouse.org/immigration

Arizona Attorney General Resources

Arizona Attorney General's Office

602-542-5025
www.azag.gov

Consumer Scams/Senior Abuse/Senior Resources

602-542-2124 or 844-894-4735
www.azag.gov/seniors

■ PINAL COUNTY

Southern Arizona Legal Aid

1729 N. Trekeil Rd., Ste. 101
Casa Grande, AZ 85122
520-316-8076
www.sazlegalaid.org

Florence Immigrant and Refugee Rights Project (FIRRP)

PO Box 86299
Florence, AZ 85132
602-307-1008 or 520-777-5600
<https://firrp.org>

Four Rivers Indian Legal Services

403 Seed Farm Rd. (Mail: PO Box 68)
Sacaton, AZ 85147
520-562-3369

Libraries

■ GILA COUNTY

Globe Public Library

339 S. Broad St.
Globe, AZ 85501
928-425-6111

Hayden Public Library

219 W. 5th Ave.
Hayden, AZ 85135
928-200-2997

Isabelle Hunt Memorial Public Library

6124 N. Randall Pl. (Mail: PO Box 229)
Pine, AZ 85544
928-476-3678

Miami Memorial Library

282 S. Adonis Ave.
Miami, AZ 85539
928-473-2621

Payson Public Library

328 N. McLane Rd.
Payson, AZ 85541
928-474-9260

San Carlos Public Library

89 San Carlos Ave. (Mail: PO Box 545)
San Carlos, AZ 85550
928-475-2611

Tonto Basin Public Library

415 Old Highway 188 (Mail: PO Box 368)
Tonto Basin, AZ 85553
928-479-2355

Young Public Library

124 S. Midway Ave. (Mail: PO Box 150)
Young, AZ 85554
928-462-3588

■ PINAL COUNTY

Apache Junction Public Library

1177 N. Idaho Rd.
Apache Junction, AZ 85119
480-474-8555

Arizona City Community Library

13254 S. Sunland Gin Rd.
Arizona City, AZ 85123
520-466-5565

City of Casa Grande Public Library

449 N. Drylake St.
Casa Grande, AZ 85122
520-421-8710

(Casa Grande) Vista Grande Public Library

1556 N. Arizola Rd.
Casa Grande, AZ 85122
520-421-8652

Coolidge Public Library

160 W. Central Ave.
Coolidge, AZ 85128
520-723-6030

Eloy Santa Cruz Library

1000 N. Main St.
Eloy, AZ 85131
520-466-3814

Viney Jones Library and Community Center

778 N. Main St. (Mail: PO Box 2670)
Florence, AZ 85132
520-868-7589

Kearny Public Library

912-A Tilbury Dr. (Mail: PO Box 220)
Kearny, AZ 85137
520-363-5861

Mammoth Public Library

125 N. Clark Rd. (Mail: PO Box 549)
Mammoth, AZ 85618
520-487-2026

Maricopa Public Library

18160 N. Maya Angelou Dr.
Maricopa, AZ 85138
520-568-2926

Oracle Public Library

565 E. American Ave.
Oracle, AZ 85623
520-896-2121

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www.fitzgibbonslaw.com/estates

San Manuel Library

108 W. 5th Ave.
San Manuel, AZ 85631
520-385-4470

Superior Public Library

99 N. Kellner Ave.
Superior, AZ 85173
520-689-2327

Life Long Learning

Community Colleges offer a wide array of classes and learning opportunities, many of which are of special interest to older adults. If you would like to learn to use the computer, surf the Internet, learn more about your hobby, brush up on your Spanish or prepare for a new job, your community college is the place to start.

■ GILA COUNTY

Gila Community College - Gila Pueblo Campus
8274 S. Six Shooter Canyon Rd.
(Mail: PO Box 2656)
Globe, AZ 85501-2656
928-425-8481
www.gilacc.org

Gila Community College - Payson Campus

201 N. Mud Springs Rd. (Mail: PO Box 359)
Payson, AZ 85541-4426
928-468-8039
www.gilacc.org

■ PINAL COUNTY

Central Arizona College

www.centralaz.edu

Aravaipa Campus

80440 E. Aravaipa Rd.
Winkelman, AZ 85192
520-494-5111 or 866-869-6507

Maricopa Campus

17945 N. Regent Dr.
Maricopa, AZ 85138
520-494-5111

San Tan Campus

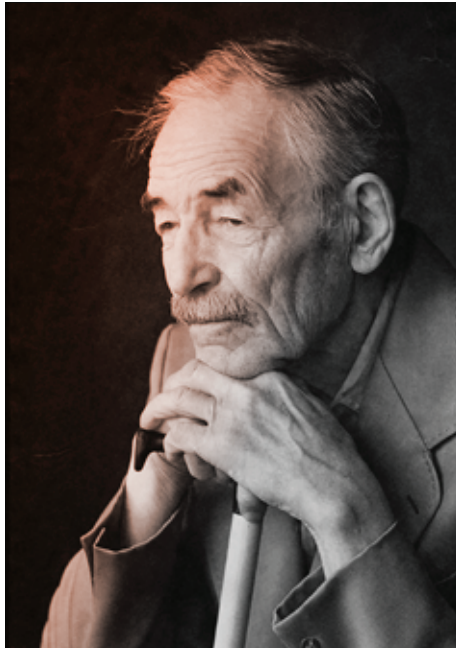
3736 E. Bella Vista Rd.
San Tan Valley, AZ 85143
520-494-5111

Signal Peak Campus

8470 N. Overfield Rd.
Coolidge, AZ 85128
520-494-5111 or 800-237-9814

Superstition Mountain Campus

805 S. Idaho Rd.
Apache Junction, AZ 85119
520-494-5111



Long Term Care

Long term care is a term used to cover a variety of services to help individuals who live with illness, disability or functional limitations that require care over a long period of time.

There are three basic types of long term care: home and community based services, residential services and nursing home care facilities.

Long term care can be paid by Medicaid, known in Arizona as the Arizona Long Term Care System (ALTCs), if the individual meets financial and functional criteria, or some of the costs may be paid by private insurance.

Central Arizona Aging (CAA) may be able to provide some home and community services. (See the Home Care Services section of this Guide for additional resources.)



Meals - Home Delivered

The Meals On Wheels program provides home-delivered meals to homebound elderly adults and persons with disabilities who are at risk of losing their independence due to poor nutrition and support. CAA serves homebound individuals (age 60 and over) and those 18-59 with a doctor-certified disability. This effort is made possible through partnerships with senior center providers in our communities. Donations are encouraged and allow the program to continue or expand. (Note—All seniors may enjoy a noonday meal served at most senior centers. See the Senior Centers section for contact information.)

For home-delivered meals referrals, call Central Arizona Aging (CAA) at 520-836-2758 or 800-293-9393.

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Loyd Olson, MD
General Surgery



Bruce Palmer, MD
General Surgery



Dustin Sepich, MD
Orthopedic Surgery



Diane Scott, PA
Orthopedic Surgery



Roberto Alexander, PA
Orthopedic Surgery



Jarrett Leatham, MD
Pain Medicine



Mona Youssef, MD
Cardiology



Kevin Murphy, MD
OB/GYN



Michael Manning, MD
Orthopedic Surgery



Sameh Abuerreish, MD
Oncology



Jodi Strand, FNP
Oncology



Banner Payson Medical Center

**Banner Heath Clinic –
*Payson and Pine***

**Banner Medical Group
*Payson Specialty Clinic***

Banner Air Transport

Banner Cardio- Pulmonary Rehab

Banner Home Care

Banner Imaging Center

Banner Physical Therapy

Banner Sr. Emotional Wellness

Banner Sleep Center

Banner Sports Medicine

Banner High Country Seniors



www.BannerHealth.com



Medicare and Benefit Assistance

State Health Insurance Assistance Program (SHIP) and Senior Medicare Patrol (SMP)

Many older adults and their caregivers are overwhelmed when trying to navigate Medicare and other benefit options. There are trained benefits counselors who can help you work through the problems encountered most often when applying for benefits. They can also act as advocates on behalf of individuals who apply for and obtain the benefits to which they are entitled. The SHIP program is a free health benefits counseling program for Medicare beneficiaries and their families or caregivers. Their mission is to educate, advocate, counsel and empower people to make informed benefits decisions. SHIP is an independent program by federal agencies and is not affiliated with the insurance industry. The program is a partnership of the Department of Economic Security Division of

Aging and Adult Services and the Area Agencies on Aging.

The SMP program is designed to involve retired professionals as volunteers in the education of their peers, in safeguarding the Medicare and Medicaid programs. The Senior Patrol Volunteers are part of the SHIP program. They are seniors who help fight and prevent Medicare/Medicaid fraud and abuse.

Benefits counseling and casework can be obtained by contacting:

Central Arizona Aging (CAA)

8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758 or 800-293-9393
www.caaging.com

■ NATIONWIDE

Centers for Medicare & Medicaid Services
www.cms.gov

Health Insurance Quotes

Toll-free: 800-596-1715
www.HealthInsurance.com

Medicare

Toll-free: 800-MEDICARE (800-633-4227)
www.medicare.gov

Medicare Rx Access Network

(Rx Advocacy Group)
<https://medicareaccess.org>

Medicare Rights Center

Toll-free: 800-333-4114
www.MedicareRights.org

My Medicare Matters

National Council on Aging
www.MyMedicareMatters.org

Ombudsman

A Long-Term Care Ombudsman is a specially trained advocate who seeks to resolve complaints on behalf of residents of long-term care facilities, including assisted living and skilled nursing facilities. Ombudsmen are given the authority to receive, investigate, and assist in resolving complaints on behalf of residents through federal and state law.

■ PINAL AND GILA COUNTIES

Arizona Department of Economic Security

Long-Term Care Ombudsman
1789 W. Jefferson St., Mail Drop 6288
Phoenix, AZ 85007
602-542-6454

Central Arizona Aging (CAA)

8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758 or 800-293-9393
www.caaging.com



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- ✓ SPEECH THERAPY
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- ✓ SECURE DEMENTIA CARE UNIT
- ✓ ADULT BEHAVIORAL CARE UNIT
- ✓ CERTIFIED WOUND CARE
- ✓ LONG TERM CARE
- ✓ RESPITE
- ✓ VA CERTIFIED

24/7 Admissions
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compassionate.
Our commitment is to you!*



CONTACT US

- 📞 928-474-1120
- 🌐 www.RimCountryHealth.com
- ✉ Admissions@RimCountryHealth.com
- 📞 928-978-1800 - ADMISSIONS 24/7

On Campus Community Senior Fitness (55 + Gym) open to public



Prescription Assistance

Prescriptions are often expensive. Many drug manufacturers have private prescription assistance programs that you may qualify for. Contact them directly for information.

Prescription Assistance Programs

AIDS Drug Assistance Program

800-334-1540

Benefits Checkup

National Council on Aging
www.BenefitsCheckUp.org

Central Arizona Aging (CAA)

520-836-2758 or 1-800-293-9393

Medicare Prescription Assistance

www.ssa.gov/medicare/prescriptionhelp

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RightPath Health Screenings is a 501 (c)(3) Non Profit Organization. We can help you understand many of your risk factors through our preventive health screening services.

Heart Disease, Stroke and Cancer are a few examples of silent diseases which may not show signs or symptoms until it's too late. Take control of your health with these screening services.

RightPath Health Screenings

PO Box 51146, Phoenix, Arizona 85076 • 602.254.7130

We are happy to assist you with any questions or scheduling needs. For more information, contact us at: info@rightpathscreenings.org



Partnership for Prescription Assistance

Assistance finding a prescription medication program for free or very low cost.

<https://medicineassistancetool.org>

State Health Insurance

Assistance Program (SHIP)

Statewide hotline: 800-432-4040 (leave message)

VA Benefits

www.va.gov/healthbenefits/access/prescriptions.asp

Prescription Discount Cards

GoodRx

1-855-268-2822

<https://www.goodrx.com>

Statewide Prescription Assistance Program (PAP)

Free pharmacy coupon card

877-321-6755

www.arizonarxcard.com

FamilyWize Prescription Savings Cards

844-234-3057

<https://familywize.org>

Prescription and Over the Counter Medication Disposal

Prescription medication should be disposed of properly. It should never be left where children might have access to it, nor should it be flushed down the toilet or thrown into a landfill where it could seep into and contaminate the water supply.

Medication drop boxes are the best place to get rid of old or unwanted medications. These drop boxes are located in many communities in Pinal and Gila counties. Addresses are listed below; please call for information and hours.

■ GILA COUNTY

Globe

CVS Pharmacy

100 N. Broad St.

928-425-5777

Gila County Sheriff's Office

1425 E South St.

928-425-4449

Globe Police Department

175 N. Pine St.

928-425-5751

Hayden

Hayden Police Department

601 Hayden Ave.

520-356-6205

Miami

Miami Police Department

740 W. Sullivan St.

928-473-2466

Payson

Gila County Sheriff's Substation

108 W. Main St.

928-474-2208

Payson Police Department

303 N. Beeline Hwy.

928-474-5177

Peridot

San Carlos Apache Healthcare Pharmacy

103 Medicine Way Rd.

928-475-1400

■ PINAL COUNTY

Apache Junction

Apache Junction Police Department

1001 N. Idaho Rd.

480-982-8260

Sun Life Health

2080 W. Southern Ave., Ste. B-10

480-351-2850

Walgreens

55 W. Apache Trl.

480-288-1271

Arizona City

Pinal County Sheriff's Office Substation

13970 S. Sunland Gin Rd.

520-866-5850

Casa Grande

Banner Family Pharmacy

1800 E. Florence Blvd.

520-381-6400

Casa Grande Police Department

373 E. Val Vista Blvd.

520-421-8700

Healthcare Medical Waste Services

1305 N. V I P Blvd.

520-316-9207



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520-836-3446

Walgreens
1514 E. Florence Blvd.
520-836-2787

Coolidge
Coolidge Police Department
911 S. Arizona Blvd.
520-723-5311

Eloy
Eloy Police Department
630 N. Main St.
520-466-7324

Sun Life Health
205 N. Stuart Blvd.
520-466-7883

Florence
Florence Fire Station & Police Substation
2035 N. Hunt Hwy.
520-868-7523

Florence Police Department
425 N. Pinal St.
520-868-7681

Pinal County Sheriff's Office
971 N. Jason Lopez Cir., Bldg. C
520-866-6800

Sun Life Health
174 W. Highway 287
520-868-5811

Gold Canyon
Pinal County Sheriff's Office Substation
5750 S. Kings Ranch Rd.
520-866-8120

Kearny
Kearny Police Department
355 Alden Rd.
520-363-5566

Mammoth
Mammoth Police Department
125 N. Clark St.
520-487-2347

Maricopa
CVS Pharmacy
44274 W. Smith Enke Rd.
520-568-8290

Maricopa Police Department
39700 W. Civic Center Plaza (bin in lobby)
520-316-6800

Maricopa Police Department Substation
17985 N. Greythorn Dr. (bin in lobby)

Sun Life Health
44572 W. Bowlin Rd.
520-568-2245

Walmart Supercenter
41650 W. Maricopa Casa Grande Hwy.
(bin by pharmacy)

Oracle
Pinal County Sheriff's Office Substation
1470 N. Justice Dr.
520-896-2992

Queen Creek
CVS Pharmacy
21201 E. Ocotillo Rd.
480-987-1615

San Manuel
Pinal County Sheriff's Office Substation
28380 S. Veterans Memorial Blvd.
520-866-7880

Sun Life Health
23 McNab Pkwy.
520-385-2234

San Tan Valley
Pinal County Sheriff's Office Substation
40815 N. Ironwood Rd.
520-836-5111

Superior
Superior Police Department
199 N. Lobb Ave.
520-866-5111



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Archives, & Public Records
A Division of the Secretary of State



Property Tax Exemptions and Senior “Freeze” Programs

County Assessor Offices have various programs that may help older adults with their property taxes. Taxes may be reduced and/or temporarily protected from increases through property tax exemptions or through a senior property valuation protection program.

■ GILA COUNTY

Gila County Assessor’s Office

1400 E. Ash St.

Globe, AZ 85501

928-402-8711

www.gilacountyaz.gov/government/assessor

Senior Freeze

(Applications accepted January 2nd-September 1st): www.gilacountyaz.gov/government/assessor/senior_property_valuation_protection.php

Widow/Widower/Disabled Exemptions

(Applications accepted January-March 1st): www.gilacountyaz.gov/government/assessor/tax_exemptions.php

■ PINAL COUNTY

Pinal County Assessor’s Office

31 N. Pinal St., Bldg. E (Mail: PO Box 709)

Florence, AZ 85132

520-866-6361 (Same # for Casa Grande office)

www.pinalcountyaz.gov/Assessor

Senior Freeze

(Applications accepted March 1st through September 1st, 2024): <http://pinalcountyaz.gov/Assessor/Pages/SeniorFreeze.aspx>

Widow/Widower/Disabled Exemptions

(Applications accepted 1st Monday of January through last day of February): www.pinal.gov/680/Exemptions

Recreation Departments

Recreation departments, libraries, and various clubs in each community provide opportunities for recreational activities and social events on a regular basis. Senior Centers offer additional opportunities (see Libraries and Senior Centers).

■ GILA COUNTY

City of Globe

150 N. Pine St.

Globe, AZ 85501

928-425-7146

www.globeaz.gov/departments/recreation

Town of Hayden

520 Velasco Ave.

(Mail: P.O. Box B)

Hayden, AZ 85135

520-356-7801

Town of Miami

500 W. Sullivan St.

Miami, AZ 85539

928-473-4403

Town of Payson

303 N. Beeline Hwy.

Payson, AZ 85541

928-474-5242

www.paysonaz.gov

Town of Winkelman

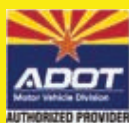
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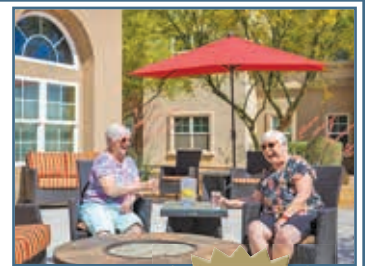
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■ PINAL COUNTY

City of Apache Junction

300 E. Superstition Blvd.
Apache Junction, AZ 85119
480-982-8002
www.ajcity.net

City of Casa Grande Community

Recreation Center

1905 N. Peart Rd.
Casa Grande, AZ 85122
520-421-8677
<https://casagrandeaz.gov/crc>

City of Coolidge

130 W. Central Ave.
Coolidge, AZ 85128
520-723-5361
www.coolidgeaz.com

City of Eloy (Community Services)

100 E. 7th St.
Eloy, AZ 85131
520-466-7351
<https://eloyaz.gov/186/Community-Services>

Town of Florence

775 N. Main St.
(Mail: PO Box 2670)
Florence, AZ 85132
520-868-7500
www.florenceaz.gov

Town of Kearny

912-C Tilbury Dr.
(Mail: P O Box 639)
Kearny, AZ 85137
520-363-5547

Town of Mammoth

125 N. Clark St.
(Mail: PO Box 130)
Mammoth, AZ 85618
520-487-2331
<http://townofmammoth.us>

City of Maricopa

39700 W. Civic Center Plaza
Maricopa, AZ 85138
520-568-9098
www.maricopa-az.gov

Town of Queen Creek Library Recreation Annex

21802 S. Ellsworth Rd.
Queen Creek, AZ 85142
480-358-3700
www.queencreekaz.gov/departments/parks-recreation/contact-recreation-services-division

Rehabilitation and Disability Services

Individuals who have physical disabilities or challenges may benefit from the various programs offered to address their special needs. There are a number of private and nonprofit agencies which provide physical rehabilitation services; these are best located using your local telephone directory or the internet.

Listed below are DES vocational rehabilitation services and Centers for Independent Living Services (CILS) for individuals who are no longer able to do the work they once did or have a disability, but are looking for help to train for a new type of work.

■ GILA COUNTY

DES Vocational Rehabilitation

605 S. 7th St.
Globe, AZ 85501
928-425-3101

DES Vocational Rehabilitation

100 N. Tonto St., Ste. 100
Payson, AZ 85541
928-468-9829

■ PINAL COUNTY

DES Vocational Rehabilitation Centers

11518 E. Apache Trl., Ste. 110
Apache Junction, AZ 85120
480-983-0427

318 N. Florence St.
Casa Grande, AZ 85122
520-858-8855

1155 N. Arizona Blvd.
Coolidge, AZ 85128
520-723-5351

Centers for Independent Living

Ability 360
602-386-4566
<https://ability360.org>

Respite Care and Resources

Respite care is intended to give unpaid caregivers a break. It is designed to help relieve caregiver stress and burn-out.

Arizona Caregiver Coalition

888-737-7494
<http://azcaregiver.org>

Arizona Lifespan Respite Program

DES/Division of Aging and Adult Services

1717 W. Jefferson St.
Phoenix, AZ 85007
602-781-5814

Central Arizona Aging (CAA)

8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758 or 800-293-9393

National Respite Locator Service

<http://archrespite.org/respitelocator>

■ PINAL COUNTY

Arbor Rose Senior Care

6033 E. Arbor Ave.
Mesa, AZ 85206
480-654-8200

Caliche Senior Living (Day Club)

1640 N. Peart Rd.
Casa Grande, AZ 85122
520-316-8041

Oakwood Creative Care (Day Club)

Town Center Location

247 N. MacDonald
Mesa, AZ 85201
480-464-1061

Oakwood Creative Care (Day Club)

Red Mountain Location

7550 E. Adobe Rd.
Mesa, AZ 85207
480-641-7644



Senior Centers

Each Senior Center in Pinal and Gila counties is unique in the programs and services offered. Senior Centers usually serve a noonday meal and offer a variety of social and recreational activities. Many Senior Centers offer ongoing educational and exercise programs. Many times transportation to and from the Senior Center is available.

Central Arizona Aging (CAA) has staff members in various departments who visit Senior Centers on a regular basis to provide additional assistance, such as for legal services or help with Medicare problems.

■ GILA COUNTY

Globe Active Adult Center

579 S. Broad St.
Globe, AZ 85501
928-425-9030

Hayden Senior Center

520 Velasco Ave.
(Mail: P.O. Box B)
Hayden, AZ 85135
520-356-7035

Miami Senior Center

506 W. Live Oak St.
Miami, AZ 85539
928-473-4190

Payson Senior Center

514 W. Main St.
Payson, AZ 85541
928-474-4876

Pine-Strawberry Senior Center

Highway 87 & Randall Pl.
(Mail: PO Box 1281)
Pine, AZ 85544
928-476-2151

■ PINAL COUNTY

Apache Junction Active Adult Center

1035 N. Idaho Rd.
Apache Junction, AZ 85119
480-474-5260

Coolidge Adult Center

250 S. 3rd St.
Coolidge, AZ 85128
520-723-4803

Dorothy Nolan Senior Center

(Florence Senior Center)

330 N. Pinal St.
(Mail: PO Box 2670)
Florence, AZ 85132
520-868-7622

Dorothy Powell Senior Adult Center

(Casa Grande Senior Center)

405 E. 6th St.
Casa Grande, AZ 85122
520-421-8760

Eloy Adult Center

3650 W. Shedd Rd.
Eloy, AZ 85131
520-466-3166

Kearny Senior Center

912-E Tilbury Dr.
Constitution Hall
(Mail: PO Box 639)
Kearny, AZ 85137
520-363-5071

Oracle Community Center

(Includes senior activities)
685 E. American Ave.
(Mail: PO Box 1382)
Oracle, AZ 85623
520-896-9326

San Manuel Senior Center

210 S. Avenue A
San Manuel, AZ 85631

Superior Senior Center

360 W. Main St.
Superior, AZ 85173
520-689-5182



Social Security

Two of the most important programs for older adults are Social Security for income and Medicare for health, hospitalization and prescriptions. Central Arizona Aging (CAA) has counselors trained to help you understand your options under both of these programs. (Also see Medicare and Benefit Assistance)

Central Arizona Aging (CAA)

8969 W. McCartney Rd.
Casa Grande, AZ 85194-7432
520-836-2758 or 800-293-9393
www.caaging.com

Social Security Administration

Toll-free: 800-772-1213
Mon-Fri 8 a.m. to 7 p.m.
www.ssa.gov

Field Offices:

Apache Junction Social Security Office

253 W. Superstition Blvd.
Apache Junction, AZ 85120
800-772-1213

Casa Grande Social Security Office

1637 E. Monument Plaza Cir., Ste. 2
Casa Grande, AZ 85122
800-772-1213

Globe Social Security Office

1405 E. Ash St.
Globe, AZ 85501
800-772-1213

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Support Groups and Self-Help Groups

These groups bring together individuals who are experiencing similar types of problems. Many times, a professional may lead or be part of the group. Groups may help individuals cope with an illness, bereavement or other challenging life experience.

■ ALCOHOLICS ANONYMOUS (AA) AND AL-ANON

Alcoholics Anonymous

(For dates, times and locations of meetings)

24-Hour Help Line: 602-264-1341

www.aaphoenix.org/meetings

■ ALZHEIMER'S/DEMENTIA SUPPORT GROUPS

Temporarily virtual – Call for information on how to connect:

Central Arizona Aging (CAA)

520-836-2758

Toll-free: 800-293-9393

Apache Junction

Apache Junction Active Adult Center

2nd Thu. of each month, 1 p.m. – 2:30 p.m.

1035 N. Idaho Rd.

Casa Grande

Caliche Senior Living

4th Wed. of each month, 1 p.m. – 2:30 p.m.

1640 N. Peart Rd.

Casa Grande, AZ 85122

Florence

Dorothy Nolan Senior Center

2nd Thu. of each month, 10 a.m. – 11:30 a.m.

330 N. Pinal St.

Florence, AZ 85132

Globe

Globe Active Adult Center

2nd Tue. of each month, 12:15 p.m. – 1:45 p.m.

579 S. Broad St.

Maricopa

Senior Center

3rd Wed. of each month 10 a.m. – 11:30 a.m.

41614 W. Smith Enke Rd. Ste. 100

Payson

High Country Seniors

1st and 3rd Wed. of each month,

1:30 p.m. – 3:00 p.m.

215 N. Beeline Hwy

928-596-4740

Virtual Via Zoom

2nd Tue. of each month, 6 p.m. – 7:30 p.m.

All locations welcome

■ BEREAVEMENT SUPPORT AND COUNSELING

Compassus – Payson

511 S. Mud Springs Rd.

928-238-2586

Compassus—Casa Grande

1675 E. Monument Plaza Cir.

Casa Grande, AZ 85122

520-376-1214

Hospice Family Care – Casa Grande

520-233-6116

■ CAREGIVER SUPPORT

Arizona Caregiver Coalition

Caregiver Resource Line: 888-737-7494

www.azcaregiver.org

■ DOMESTIC ABUSE/VIOLENCE

Against Abuse, Inc.

Casa Grande, AZ: 520-836-1239

24-Hour Crisis Line: 520-836-0858

www.against-abuse.org

Community Alliance Against Family Abuse

Support groups in Apache Junction, Florence, and San Tan Valley
480-982-0205
24-Hour Crisis Line: 480-890-3039
or 480-733-3028
www.turnanewleaf.org

■ **GAMBLING ADDICTION**

Arizona Office of Problem Gambling

602-542-8998
24/7 line text NEXTSTEP to 53342 or call
1-800-NEXT-S
<https://problemgambling.az.gov>

Gamblers Anonymous

Valley hotline: 602-266-9784
<https://gaphoenix.org>

■ **NARCOTICS ADDICTION**

Arizona Region of Narcotics Anonymous
Meeting locations and information
www.arizona-na.org

■ **TAX ASSISTANCE (INCOME TAX)**

There is free help available for older adults as well as homebound older adults to complete and file their federal and state income tax returns. Assistance is available in almost every city and town in Arizona, primarily through volunteers who pitch in to help out. Dates, times and locations for tax help change every year. During tax season, the following organizations will have free tax help information.

IRS Tax Information for Seniors

www.irs.gov/individuals/seniors-retirees

Gila County Community Action Program through VITA

Northern Gila County: 928-474-7192
Southern Gila County: 928-425-7631
Other Gila County areas: 800-304-4452

AARP Foundation Tax Aide

888-687-2277
www.aarp.org/money/taxes/aarp_taxaide
Telephone Assistance

Emergency cell phones are available through local law enforcement agencies.

Arizona Lifeline Information

– Lifeline provides subscribers with a discount on monthly telephone service purchased from participating providers in the marketplace.
<https://www.azlifeline.net/>

Telephone Reassurance

Provides a friendly phone call each day to check on the wellbeing of individuals who have requested this service.

Casa Grande Police Department Phone Patrol

Volunteers call twice a day to check on Casa Grande seniors.
520-518-5518

City of Maricopa You Are Not

Alone (YANA) Program

520-316-6800, ext. 1234

Transportation

Many Senior Centers in Pinal and Gila counties offer at least limited transportation assistance. They can usually provide rides to and from Senior Centers and, at times, they can provide rides to shopping, medical appointments and recreational events. Specialized transportation assistance is available in some communities. (See Senior Centers for the Senior Center in your area)

■ **GILA COUNTY**

Globe / Miami

Cobre Valley Community Transit
928-473-8222

Payson (Not running during 2020/21 season)

Mountain Valley Shuttle
928-537-4539

San Carlos/Safford/Globe

San Carlos Nnee Bich'o Nii Transit Services
928-475-5023/5024

■ **PINAL COUNTY**

Apache Junction

Cab/Rideshare Reimbursement Program
480-474-5260

Casa Grande Links

520-509-6900
<https://casagrandeaz.gov/343/Casa-Grande-LINK-Transit>

Coolidge

Cotton Express
520-723-7195

Coolidge to Neighboring Communities
Central Arizona Regional Transit (CART)

Kearny / Mammoth / Oracle / SaddleBrooke / San Manuel / Superior / Hayden / Winkelman

On the Go Express (Medical appointments, grocery shopping for non-AHCCCS clients)
1-800-208-6897, Ext. 4508

Maricopa

Maricopa Express Transit (MET)
(Service to Chandler and Casa Grande suspended 1/1/2021)
833-638-7433

TRIAD

A partnership of the Pinal County Sheriff's Office, the Pinal County Attorney's Office and volunteers, TRIAD works to identify areas of concern for senior citizens and concentrates on finding solutions. Several communities within Pinal County have a TRIAD in place. Programs may include, but are not limited to:

Home Alone Units: Volunteers install a pendant system in the home that can be activated for an emergency call in case the person is unable to reach the phone.

Lock Boxes: Lock boxes are available for those who would like emergency responders to have access to their homes in an emergency. They are often given out in conjunction with the Home Alone Unit.

Refrigerator Medical Cards: This is a medical information form printed on two sides of a yellow card the size of a half sheet of paper. It is placed on the front of the refrigerator and, in an emergency, provides first responders or emergency medical personnel with essential information.

The Pinal County Attorney's Office Community Liaison can direct you to a TRIAD in your area:
520-866-6271 (ask for Community Liaison)






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-  **Online CasaGrandeLINK.com**
-  **Download the CG LINK Rider App**

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DES/Arizona@Work - Business & Career Center

820 E. Cottonwood Ln.

Casa Grande, AZ 85122

520-866-3600

<https://arizonaatwork.com>

Arizona@Work

5515 S. Apache Ave., Ste. 200

Globe, AZ 85501

928-425-7631

United Fund Giving and Support

United Way of Pinal County

1269 N. Promenade Pkwy., Ste. 104

(Mail: PO Box 10541)

Casa Grande, AZ 85194

520-836-0736

<http://unitedwayofpc.org>

United Fund of Globe-Miami, Inc.

928-961-3620

www.ufglobemiami.com

Utility Assistance

Some utility companies may provide assistance in limited situations. Contact your local utilities for information. The Community Action Programs can also provide utility assistance and are listed below:

■ GILA COUNTY

Gila County Community Services Division

5515 S. Apache Ave., Ste. 200

Globe, AZ 85501

928-425-7631

Gila County Community Action Program

514 S. Beeline Hwy.

Payson, AZ 85541

928-425-7631

■ PINAL COUNTY

Community Action Human Resources Agency (CAHRA)

109 N. Sunshine Blvd.

Eloy, AZ 85131

520-466-1112

Veterans Assistance

■ NATIONWIDE

National Homeless Veterans Resource Line

877-424-3838

U.S. Department of Veterans Affairs

www.va.gov

Veterans Crisis Line: 988, press 1

www.veteranscrisisline.net

VA Family Caregiver Program

Toll free Caregiver Support Line: 855-260-3274

www.caregiver.va.gov/support/support_benefits.asp

■ STATEWIDE

American Legion Office

4701 N. 19th Ave., Ste. 200

Phoenix, AZ 85015

602-264-7706

Arizona Army National Guard HQ

5636 E. McDowell Rd.

Phoenix, AZ 85008

602-267-2555

Arizona Coalition for Military Families

602-753-8802

www.arizonacoalition.org

The Arizona Department of Veterans' Services (ADVS)

3839 N. 3rd St.

Phoenix, AZ 85012

602-255-3373

<https://dvs.az.gov>

Be Connected Program

866-4AZ-VETS (866-429-8387)

<https://beconnectedaz.org>

Coaching into Care VA Family Call Center

(Provides coaching to family and friends of Veterans who see that a Veteran in their life may be having difficulty adjusting to civilian life.)

888-823-7458

[/www.mirecc.va.gov/coaching](http://www.mirecc.va.gov/coaching)

Eloy Veterans Center

316 N. Main St.

Eloy, AZ 85131

520-423-4255

Phoenix VA Health Care System

650 E. Indian School Rd.

Phoenix, AZ 85012

602-277-5551/toll-free: 888-214-7264

Science Care Body Donation Veterans Program - Veterans Burial Benefits

2001 W. Pinnacle Peak Rd., Ste. 175

Phoenix, AZ 85027

800-417-3747

www.sciencecare.com/body-donation/bd-resources/veterans

Southern Arizona VA Health Care System

3601 S. 6th Ave.

Tucson, AZ 85723

520-792-1450

■ GILA COUNTY

Arizona Department of Veterans' Services

1106 N. Beeline Hwy

Payson, AZ 85541

928-472-3148

Globe VA Clinic

5860 S. Hospital Dr., Ste. 111

Globe, AZ 85501

928-425-0027

Nation's Finest

1515 E. Cedar Ave., Ste. A-5

Flagstaff, AZ 86004

928-266-1984

Payson VA Clinic

903 E. Highway 260, Ste. 2

Payson, AZ 85541

928-363-1081

Veterans Helping Veterans

600 E. State Hwy 260, Unit 8

Payson, AZ 85541

928-978-5238

www.vhvinc.org

■ PINAL COUNTY

Casa Grande Community

Based Outpatient Clinic

(Primary Care Services for Veterans)

1876 E. Sabin Dr., Bldg. A, Ste. 15

Casa Grande, AZ 85122

520-836-2536

www.tucson.va.gov/locations/CasaGrande.asp

Pinal County VA Clinic

1179 E. Cottonwood Ln.

Casa Grande, AZ 85122

520-629-4801

Volunteer Opportunities and Programs

There are many volunteer opportunities for older adults who want to stay active and contribute to the community. Interested volunteers may contact the following:

Big Brothers Big Sisters of Central Arizona

1615 E. Osborn Rd.

Phoenix, AZ 85016

602-264-9254

www.bbbsaz.org/volunteer

Central Arizona Aging (CAA)

8969 W. McCartney Rd.

Casa Grande, AZ 85194

(520) 836-2758 or 800-293-9393

www.caaging.com

Community Action Human Resources Agency (CAHRA)

109 N. Sunshine Blvd.

Eloy, AZ 85131

520-466-1112

<https://www.cahra.org/volunteers>

East Valley RSVP

(Retired & Senior Volunteer Program)

www.volunteermatch.org/search/org43053.jsp

United Way of Pinal County

1269 N. Promenade Pkwy., Ste. 104

(Mail: PO Box 10541)

Casa Grande, AZ 85130

520-836-0736

www.UnitedWayofPC.org

Voting Information

Elected officials make changes to programs and services based on what they think is important to the people they represent. The MOST influential individuals are REGISTERED VOTERS. It is important to REGISTER and to VOTE!

Now voting from home is easier than ever by requesting a mail-in ballot or by requesting to be on the permanent mail-in ballot list.

Arizona Secretary of State

Election & voting information, resources & results)

602-542-8683

Toll-free: 877-843-8683

www.azsos.gov/elections

VOTER QUALIFICATIONS – YOU MUST:

- Be a United States citizen
- Be a resident of Arizona and the county listed on your registration
- Be 18 years of age or older on or before the day of the next regular General Election

ALSO:

- You cannot have been convicted of a felony and not yet had your civil rights restored
- You cannot have been adjudicated incompetent

TO REGISTER TO VOTE:

• Online registration

Website: <https://servicearizona.com/VoterRegistration/selectLanguage>

• **By mail:** You may contact the County Recorder's Office listed below for your area and request that a voter registration form be mailed to you.

• **In person:** You may visit the County Recorder's Office in the county in which you are a legal resident and complete a voter registration form.

Gila County Recorder

1400 E. Ash St.

Globe, AZ 85501

928-402-8740

Pinal County Recorder

31 N. Pinal St., Bldg. E (Mail: PO Box 848)

Florence, AZ 85132

520-866-6830



Whole Body Donation

No-cost whole body donation can help advance medical technology, training, and education, and may lead to new disease treatment options, better patient outcomes, and advanced surgical procedures. Please check to confirm sign-up requirements and any fees that may apply.

Research for Life

2230 E. Magnolia St.

Phoenix, AZ 85034

480-940-1310

<http://researchforlife.org>

Science Care Body Donation

2001 W. Pinnacle Peak Rd., Ste. 175

Phoenix, AZ 85027

800-417-3747

www.sciencecare.com

United Tissue Network

3620 E. Wier Ave.

Phoenix, AZ 85040

877-738-6111

<https://unitedtissue.org>

Willed Body Program

– College of Medicine Tucson

University of Arizona Health Sciences

P.O. Box 245045

Tucson, AZ 85724

520-626-6083

<https://bodydonation.med.arizona.edu>

APPENDIX A - NATIONAL ORGANIZATION WEBSITES & TOLL-FREE NUMBERS



Alzheimer's Association

Toll-free: 800-272-3900

www.alz.org

American Autoimmune

Related Diseases Association

586-776-3900

www.aarda.org

American Cancer Society

Toll-free: 800-227-2345

www.cancer.org

American Diabetes Association

Toll-free: 800-DIABETES (800-342-2383)

www.diabetes.org

American Foundation for AIDS Research

202-331-8600

www.amfar.org

American Heart Association

Toll-free: 800-242-8721

www.heart.org

American Kidney Fund

866-300-2900

www.kidneyfund.org

American Liver Foundation

Toll-free: 800-465-4837

www.liverfoundation.org

American Lung Association

Toll-free: 800-586-4872

www.lung.org

American Parkinson Disease Association

Toll-free: 800-223-2732

www.apdaparkinson.org

Arizona Chapter—928-200-1192

www.apdaparkinson.org/community/Arizona

American Stroke Association

Toll-free: 800-242-8721

www.strokeassociation.org

American Tinnitus Association

Toll-free: 800-634-8978

www.ata.org

ALS Association

(Amyotrophic Lateral Sclerosis)

Toll-free: 800-782-4747

www.als.org

Arizona Council on Compulsive Gambling

Helpline: 1-800-777-7207

www.azccg.org

Arthritis Foundation

Helpline: 800-283-7800

www.arthritis.org

Autism Society

800-328-8476

<https://autismsociety.org>**Asthma & Allergy Foundation of America**

Toll-free: 800-7-ASTHMA (800-727-8462)

www.aafa.org**Prevent Cancer Foundation**

Toll-free: 800-227-2732

<http://preventcancer.org>**CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder)**

301-306-7070

www.chadd.org**Crohn's & Colitis Foundation**

Toll-free: 800-932-2423

www.crohnscolitisfoundation.org**Cystic Fibrosis Foundation**

Toll-free: 800-FIGHT-CF (800-344-4823)

www.cff.org**Easterseals**

National: 800-221-6827

www.easterseals.com**Epilepsy Foundation**

Toll-free: 800-332-1000

www.epilepsy.com**Foundation Fighting Blindness**

Toll-free: 800-683-5555

www.fightingblindness.org**Huntington's Disease Society of America**

Helpline: 800-345-HDSA (4372)

<http://hdsa.org/>**Kidney Cancer Association**

Toll-free: 800-850-9132

www.kidneycancer.org**Leukemia & Lymphoma Society**

Toll-free: 888-557-7177

www.lls.org**Lupus Foundation of America**

202-349-1155

www.lupus.org**March of Dimes**

888-MODIMES (888-663-4637)

www.marchofdimes.org**Mental Health America (MHA)**

Toll-free: 800-969-6642

www.mhanational.org**Myasthenia Gravis Foundation of America**

Toll-free: 800-541-5454

www.myasthenia.org**Myositis Association**

Toll-free: 800-821-7356

www.myositis.org**National Asian Pacific Center on Aging**

Helpline: 800-336-2722

www.napca.org**National Caucus & Center on Black Aging**

202-637-8400

<https://ncba-aging.org>**National Down Syndrome Society**

Toll-free: 800-221-4602

www.ndss.org**National Hemophilia Foundation**

Toll-free: 888-463-6643

www.hemophilia.org**National Hispanic Council on Aging**

202-347-9733

www.nhcoa.org**National Indian Council on Aging**

505-292-2001

<https://nicoa.org>**National Multiple Sclerosis Society**

Toll-free: 800-344-4867

www.nationalmssociety.org**National Organization for Rare Disorders**

Toll-free: 617-249-7300

www.rarediseases.org**National Osteoporosis Foundation**

800-231-4222

www.nof.org**National Psoriasis Foundation**

Helpline: 800-723-9166

www.psoriasis.org**National Resource Center on LGBT Aging**

212-741-2247

www.lgbtagingcenter.org**Osteogenesis Imperfecta Foundation**

Toll-free: 844-889-7579

www.oif.org**CurePSP**

Toll-free: 800-457-4777

www.psp.org**Sjogren's Syndrome Foundation**

301-530-4420

www.sjogrens.org**Sleep Foundation**

877-672-8966

www.sleepfoundation.org**Spina Bifida Association**

Toll-free: 800-621-3141

<http://spinabifidaassociation.org>**Tourette Association of America**

Toll-free: 888-486-8738

www.tourette.org**Tuberous Sclerosis Alliance**

Toll-free: 800-225-6872

www.tsalliance.org**United Ostomy Associations of America**

Toll-free: 800-826-0826

www.ostomy.org**United Cerebral Palsy**

Toll-free: 800-872-5827

www.ucp.org

APPENDIX B - MUST-HAVE DOCUMENTS FOR CAREGIVERS



LUNCHES ACTIVITIES FRIENDSHIPS
MEALS ON WHEELS TRANSPORTATION

Payson Senior Center 

928-474-4876 514 W. Main Street

www.paysonseniorcenter.org 

SHOP - DONATE - VOLUNTEER

512 W Main St.

928-474-3205

Trinkets & Treasures
A FINE RESALE SHOP

Open Monday –Saturday

9:30 AM –4:00 PM

Benefits Meals on Wheels & Senior Transportation

List of Doctors

This list will help caregivers to immediately access the health care team. It should include the doctor's name, address, phone number, e-mail address, and reasons the care recipient is seeing this doctor.

Weekly Medication Chart

Medication errors can be reduced and medications are more likely to be taken on schedule when a chart is developed and kept, listing all prescriptions, over-the-counter medications, herbal treatments, and vitamin supplements, along with when each is taken, and the assigned dosage.

Caregiver's Log

Many times various relatives and loved ones provide caregiving in shifts. Included is a helpful form for when information needs to be shared.

Personal Health History

A chart is included that will help when taking your loved one to visit their doctor. It can help the doctor decide on medications and treatments needed.

Assisted Living Checklist

Use the following checklist to assist in assessing assisted living communities. The more an older person participates in the planning process, the easier it will be to adjust to the new environment.

LIST OF DOCTORS

Doctor's Name:	
Street Address:	City, State, Zip:
Phone:	Email:
Condition Being Treated:	

Doctor's Name:	
Street Address:	City, State, Zip:
Phone:	Email:
Condition Being Treated:	

Doctor's Name:	
Street Address:	City, State, Zip:
Phone:	Email:
Condition Being Treated:	

Doctor's Name:	
Street Address:	City, State, Zip:
Phone:	Email:
Condition Being Treated:	

Doctor's Name:	
Street Address:	City, State, Zip:
Phone:	Email:
Condition Being Treated:	

Doctor's Name:	
Street Address:	City, State, Zip:
Phone:	Email:
Condition Being Treated:	

WEEKLY MEDICATION CHART

It is important to keep track of your loved one's medication when caregiving or sharing caregiving with others. This chart should help.

1. Complete a new chart weekly.
2. Each section is for one medication. Transfer the name from each prescription container to the space in the first row.
3. In the second row enter the dosage and the time or how often each day the medication should be taken.
4. In the third row write the size, shape, and color of the pill.
5. When your loved one takes a medication, place an "X" in the box for the day of the week.
If your loved one takes a medication more than once a day, mark an "X" each time.

Name of Medication:						
Dosage:			How Often:			
Description (size/shape/color):						
Sun	Mon	Tue	Wed	Thu	Fri	Sat

Name of Medication:						
Dosage:			How Often:			
Description (size/shape/color):						
Sun	Mon	Tue	Wed	Thu	Fri	Sat

Name of Medication:						
Dosage:			How Often:			
Description (size/shape/color):						
Sun	Mon	Tue	Wed	Thu	Fri	Sat

Name of Medication:						
Dosage:			How Often:			
Description (size/shape/color):						
Sun	Mon	Tue	Wed	Thu	Fri	Sat

Name of Medication:						
Dosage:			How Often:			
Description (size/shape/color):						
Sun	Mon	Tue	Wed	Thu	Fri	Sat

PERSONAL HEALTH HISTORY

A chart such as this will help when taking your loved one to visit their doctor. It can help the doctor decide on medications and treatments needed.

Hospitalizations

Hospital	Condition	Date (s)

Surgeries

Hospital	Surgery For	Date (s)

Illnesses

Hospital	Treatment	Date (s)

PERSONAL HEALTH HISTORY

A chart such as this will help when taking your loved one to visit their doctor. It can help the doctor decide on medications and treatments needed.

Medications Taken

Medication	Dosage	Began taking date(s)

Allergies:

Health Care Providers:

Provider	City	Phone

Major Health Conditions of Immediate Family Members:

ASSISTED LIVING CHECKLIST

Use this checklist to help evaluate an assisted living facility:

YES	NO	THE FACILITY
<input type="checkbox"/>	<input type="checkbox"/>	As you arrive at the residence, do you like the location and outward appearance of the residence?
<input type="checkbox"/>	<input type="checkbox"/>	As you enter the lobby and tour the residence, is the decor attractive and home-like?
<input type="checkbox"/>	<input type="checkbox"/>	Did you and your potential resident both receive a warm greeting from staff welcoming you to the residence?
<input type="checkbox"/>	<input type="checkbox"/>	Does the administrator/staff call residents by name and interact warmly with them as you tour the residence?
<input type="checkbox"/>	<input type="checkbox"/>	Do residents socialize with each other and appear happy and comfortable?
<input type="checkbox"/>	<input type="checkbox"/>	Are you able to talk with residents about how they like the residence and staff?
<input type="checkbox"/>	<input type="checkbox"/>	Do the residents seem to be appropriate housemates for your loved one?
<input type="checkbox"/>	<input type="checkbox"/>	Are staff appropriately dressed, personable and outgoing?
<input type="checkbox"/>	<input type="checkbox"/>	Are the staff members that you pass during your tour friendly to you?
<input type="checkbox"/>	<input type="checkbox"/>	Are visits with the resident welcome at any time? Is the community well-designed for resident's needs?
<input type="checkbox"/>	<input type="checkbox"/>	Are the recreational and non-living spaces free from storage items or other obstacles?
<input type="checkbox"/>	<input type="checkbox"/>	Is the floor plan easy to follow?
<input type="checkbox"/>	<input type="checkbox"/>	Are doorways, hallways and rooms accommodating to wheel chairs and walkers?
<input type="checkbox"/>	<input type="checkbox"/>	Are elevators available for those unable to use stairways?
<input type="checkbox"/>	<input type="checkbox"/>	Are hand rails available to aid in walking?
<input type="checkbox"/>	<input type="checkbox"/>	Are cupboards and shelves easy to reach?
<input type="checkbox"/>	<input type="checkbox"/>	Are door mats made of a non-skid material and carpets firm to ease walking?
<input type="checkbox"/>	<input type="checkbox"/>	Does the residence have good natural and artificial lighting?
<input type="checkbox"/>	<input type="checkbox"/>	Is the residence clean, free of odors and appropriately heated/cooled?
<input type="checkbox"/>	<input type="checkbox"/>	Does the residence meet local and/or state licensing requirements?

YES	NO	NEEDS, CONTRACTS, COSTS & FINANCES
<input type="checkbox"/>	<input type="checkbox"/>	Is there a written plan for the care of each resident?
<input type="checkbox"/>	<input type="checkbox"/>	How long after admission is this care plan written?
<input type="checkbox"/>	<input type="checkbox"/>	Are the family and resident involved in writing the care plan?
<input type="checkbox"/>	<input type="checkbox"/>	What is the procedure for assessing a potential resident's need for services and are those needs reassessed periodically?
<input type="checkbox"/>	<input type="checkbox"/>	Can a resident be discharged for refusing to comply with a care plan?
<input type="checkbox"/>	<input type="checkbox"/>	When may a contract be terminated and what are refund policies?
<input type="checkbox"/>	<input type="checkbox"/>	Are there any government, private or corporate programs available to help cover the cost of services to the resident.
<input type="checkbox"/>	<input type="checkbox"/>	Is a contractual agreement available to include accommodations, personal care, health care and supportive services?
<input type="checkbox"/>	<input type="checkbox"/>	Are additional services available if the resident's needs changes?
<input type="checkbox"/>	<input type="checkbox"/>	Are there different costs for various levels or categories of services?
<input type="checkbox"/>	<input type="checkbox"/>	How do you pay for additional services such as nursing care when needed on a temporary basis?
<input type="checkbox"/>	<input type="checkbox"/>	What are the billing, payment and credit policies? May a resident handle their own finances with staff assistance if able, or should a family member or outside party be designated to do so?
<input type="checkbox"/>	<input type="checkbox"/>	What is the policy on insurance and personal property?
<input type="checkbox"/>	<input type="checkbox"/>	Is staff available to meet scheduled and unscheduled needs?

YES	NO	MEDICATION/HEALTH CARE
<input type="checkbox"/>	<input type="checkbox"/>	What is the residence policy regarding storage of medication, assistance with medications, training and supervision of staff and record keeping?
<input type="checkbox"/>	<input type="checkbox"/>	Is self-administration of medication allowed?
<input type="checkbox"/>	<input type="checkbox"/>	Who coordinates home care visits from a nurse, physical therapist, occupational therapist, etc. if needed?
<input type="checkbox"/>	<input type="checkbox"/>	Are staff available to assist residents who experience memory, orientation, or judgment losses?
<input type="checkbox"/>	<input type="checkbox"/>	Does a physician or nurse, visit the resident regularly to provide medical checkups?
<input type="checkbox"/>	<input type="checkbox"/>	What is the procedure for responding to a resident's medical emergency?

ASSISTED LIVING CHECKLIST

Use this checklist to help evaluate an assisted living facility:

YES	NO	SERVICES
-----	----	----------

Is staff available to provide 24-hour assistance with activities of daily living (ADL) if needed?

ADLs include:

- _____ Dressing
- _____ Eating
- _____ Mobility
- _____ Hygiene and grooming
- _____ Bathing
- _____ Toileting
- _____ Incontinence
- _____ Using the telephone
- _____ Laundry
- _____ Housekeeping in unit
- _____ Transportation to doctor, hairdresser, activities, etc.
- _____ Shopping
- _____ Walking/caring for pets.

Others: _____

YES	NO	SOCIAL AND RECREATIONAL ACTIVITIES
-----	----	------------------------------------

- Is there evidence of an organized activities program, such as a posted daily schedule, events in progress, reading materials, visitors, etc?
- Do residents participate in the neighboring community?
- Do volunteers, including family members, come into the residence to help with or conduct programs?
- Does the residence require residents to undertake any chores or perform specific activities that benefit all residents?
- Does the residence have its own pets or provide for pets to visit the facility?

YES	NO	FEATURES OF INDIVIDUAL UNITS
-----	----	------------------------------

- Are different sizes and types of units available?
- Are units for single and double occupancy available?
- Do residents have their own lockable doors?
- Is a 24-hour emergency response systems accessible from the unit?
- Are bathrooms private with handicapped accommodations to accommodate wheelchairs and walkers?
- Are residents able to bring- their own furnishings for their unit and what may they bring?
- Do all units have a telephone and cable TV and how is billing handled?
- Is a kitchen area/unit provided with a refrigerator, sink and cooking element?
- May residents keep food in their units?
- May residents smoke in their units? In public spaces?
- May residents have pets?

YES	NO	FOOD SERVICE
-----	----	--------------

- Does the residence provide three nutritionally balanced meals a day, seven days a week?
- Are snacks available?
- May a resident request special foods?
- Are common dining areas available?
- May residents eat meals in their units?
- May meals be provided at a time a resident would like or are there set times for meals?



For other very helpful caregiver checklists and forms, go to these websites:

National Caregivers Library

- Caregiving Decision Questionnaire
- Driving Assessment Checklist
- Needs Assessment Worksheet
- Home Modification Checklist
- Appointment Information
- Caregivers Document Organizer
- Personal Record Tracking Form
- Payment Options Chart to Compare Medicare, Medicaid, & Other Government Programs
- Health Insurance: Best Buys
- Choosing the Right Doctor Checklist

<https://dailycaring.com> | www.caregiver.com

This project was supported by the Administration of Community Living (ACL), U.S. Department of Health and Human Services (HHS) and the State of Arizona Division of Aging and Adult Services (DAAS) and non-governmental source(s). The contents are those of CAA and do not necessarily represent the official views of nor are an endorsement of any funders.

“Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Central Arizona Aging (CAA) prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Central Arizona Aging (CAA) must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. To request this document in alternative format or for further information about this policy please contact: CAA’s ADA Coordinator at 520-836-2758 or 1-800-293-9399.

Para obtener este document en otro formato u obtener informacion adicional sobre esta politica, contacte a CAA’s Coordinador de ADA a 520-836-2758 o 1-800-293-9393.



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Eloy's new state of the art Hospital & 24/7 ER is coming to your community.

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When it comes to your healthcare, **you have a choice**. When you choose Exceptional Community Hospital, you are choosing an exceptional experience.

As a **full-service hospital**, we're focused on addressing the healthcare needs of the community by providing **comprehensive inpatient care, emergency and trauma care, and advanced diagnostic services** including **on-site labs** and **radiology services**.

Our patients can count on friendly and caring staff, experienced physicians, and highly **personalized care plans** during a hospital stay or emergency visit. And, our **streamlined check-in** processes keep your wait to a minimum.

With spacious, **private inpatient rooms** designed with your healing in mind, you can rest comfortably knowing the exceptional care you need is right here in your community.



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Cancer Clinic

1281 E. Cottonwood Lane,
Casa Grande, AZ 85122
P (520) 836-9800

Surgery Clinic

580 N. Camino Mercado, Suite 5
Casa Grande, AZ 85122
P (520) 876-0416



Carlos E.
Arce-Lara, MD



Ramon
Mourelo, MD



Samrat
Sanghvi, MD

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